



LESSON 12. RECREATION AND HOBBIES

Introduction Activity

Recreation is an activity of leisure, leisure being discretionary time. The "need to do something for recreation" is an essential element of human biology and psychology. Recreational activities are often done for enjoyment, amusement, or pleasure and are considered to be a hobby. A hobby is a regular activity that is done for enjoyment, typically during one's leisure time. Hobbies can include collecting themed items and objects, engaging in creative and artistic pursuits, playing sports, or pursuing other amusement





Listening 1.1

Listen to the passage and fill the gaps with the correct word/s.

One of my favorite hobbies is origami, or Japanese _____. Origami is that art of folding paper in _____ to make beautiful objects such as a _____, box, frog, or balloon. The _____ or origami across from hundreds of years, and origami still a popular pastime today. You can either use origami paper _____ for paper folding, or you can use _____. There are several keys to doing origami correctly. First, you _____ a very _____ to create your origami shapes to get best results. Next, you should follow the directions carefully for making any object. Otherwise, your shape or design might not _____ the correct way. Next, be sure to make strong in _____ in the paper with a _____ when folding the paper. This will help make sure that the paper folds always _____. Furthermore, use scissors to cut your paper into the desired shape before beginning. I sometimes create origami objects to _____ as gifts to friends and family.

Match with the words/phrases on the right.

1. Every weekend, my sister and I go to a swimming pool near our home. We love to _____.
2. I don't do anything special in my free time. I just stay at home and _____. I like cooking shows.
3. My cousin likes to _____. You can read her poems in our school newspaper.
4. I have a new computer. I like to _____.
5. My favorite _____ is window shopping.
6. I like to _____ in my car.
7. There's a small _____ near our school. I often have coffee there with my classmates after class.
8. My friends and I just like to _____ together and chat. We like spending time together.
9. I study and I have a part-time job, so I'm usually very busy. In my free time I like to _____.
10. Do you like to _____? I do. I like to listen to classical, pop, and rap music.
11. Anything, really I love exercise and play sports. I especially like to _____ with my friends.
12. _____s are a lot of fun! My brother and I always play them together. I got the high score today.
13. My uncle likes to _____ pictures of animals and plants. They're really beautiful.
14. I like to _____ news magazines.
15. There's a nice park in our neighborhood. My family and like to _____ there.

coffee shop n.
computer game n.
go for a drive v.
go for a walk v.
hang out v.
hobby n. listen to music v.
paint v.
play soccer v.
read v.
surf the Net v.
swim v.
take a nap v.
watch TV v.
write poetry v.

Read the sentences below. Rate your level of agreement and discuss.

- I agree completely 4 - I mostly agree 3 - I'm not sure 2 - I mostly disagree 1- I disagree completely

1. Computer games are fun
2. Everyone should take a two-hour nap in the afternoon
3. People can't really enjoy their free time if they don't have much money.
4. Swimming is dangerous.
5. Reading is the best way to spend your free time because it can make you smarter.
6. Watching TV is a waste of time.
7. Everyone should have a hobby.
8. Doing exercise or playing sports is the best way to spend your free time because it can make you healthier.
9. Surfing the Net makes people more intelligent.
10. Most people have a lot of free time.



Fill in the blanks with the correct word/phrase in the box.

Ann: What kinds of things do you like to do in your free time?

Dean: I like playing basketball. I play on a city team every Saturday afternoon.

Marcus: I didn't know that. How long have you been playing?

Dean: For about a year now. But it's not the only thing I like to do. I also enjoy painting. It's great for _____.

Ann: Really? Are you pretty good at it?

Dean: Not too bad. But I'm not a Picasso or Rembrandt. How about you guys? What do you like to do for hobbies?

Marcus: Well, _____ a month I go up to Widow's Mountain with some_ and go _____.

Ann: No way! You do? That sounds _____! Aren't you scared?

Marcus: Not at all. It's _____. It's so beautiful up there. I feel as free as a bird. You should try it sometime.

Ann: It sounds awesome, but I think I'm too much of a_ to try it.

Dean: Wow! I might want to try it sometime. Do you think I could?

Marcus: Sure, how about this Saturday? I'll let you know the details later.

Dean: Sounds great! I can't believe I'm going to do it. By the way Ann, you never told us what you do in your_.

couple of times
buddies

hang gliding
scaredy cat

relieving stress
fascinating

spare time
dangerous

One Woman, Two Horses, Many Parades

Renee had been married for a long, long time. Her favorite part of being married was the weekend, when she was with her two horses. On the weekend, Renee was at the stables from morning until dark. She fed, **groomed**, and rode her horses. She was an excellent rider. She would ride the horses bareback on Saturday, and then she would **saddle** them **up** on Sunday.

Renee loved parades. She used to say, "A parade isn't a parade without a horse." Renee loved parades almost as much as she loved her horses. She belonged to an email list of volunteers for parades. She **regularly** checked out the state website list of parades to see if there were any new parades that she didn't know about. All the state parades were organized in her computer. In the Parades file, she listed the date, drive time and distance, parade time, contact people, and other details she felt were important.

She knew the parade director of every town within a four-hour drive. She never stayed overnight. She always left the parade in time to get her horses back to the stables before "**bedtime**." She had to feed them before they turned in. Her horses seemed to like parades, too. They knew a few tricks that always impressed the children.

Renee was very generous with her time and her horses. But owning horses wasn't cheap. She had to rent the stables, and there were always veterinarian and feed bills. Renee knew how to cope with expenses, though. Her vet always gave her a 10-percent discount for paying cash. She always bought the no-name, **generic** feed for the horses. Her vet had told her it was just as healthful and tasty as the brand name stuff. She always bought **economy** gasoline. And on parade days, Renee always packed her own lunch and ate with her horses.

Answer the following questions:

1. What's Renee's favorite part of being married?
2. Why did she regularly check the state website list of parades ?
3. Where were all the state parades organized?
4. What details are enlisted in the Parades files?
5. Why was owning horses not cheap?
6. How did she cope with the expenses?
7. What is being done to an animal if it is being ***groomed***?
8. Use ***bedtime*** in a sentences.
9. Explain what ***saddle up*** means and use it in a sentence.
10. Give some words having the same meaning as the words below:

- a. ***regular(ly)***
- b. ***generic***
- c. ***economy***

- *What do you as taking care of a pet as a hobby?*
- *What are the advantages and disadvantages of taking care of animals as a hobby?*
- *What animals are usually being kept as pets?*



Vocabulary Activity

Match the phrases and make sentences with each

scissors
dice
MP3 player
helmet
goggles remote control
bookmark
mouse
written music
football

playing board games
riding a bike
doing art and crafts
watching TV
reading a book
playing on the computer
listening to music
swimming
going to park
playing an instrument

Complete the crossword and find the mystery word.

If you want to buy something, you can go ... **S H O P P I N G**

You can play online games on a ...

If you want to read something, find a ...

Some games use a dice, counters and a ...

In a pool or the sea, you can go ...

Wear a helmet when riding a ...

On an MP3 player you can listen to ...

Use each word in your own





Listening 1.2

Listen to various people talking about the recreational activities in a park.

- 1) What are the man and woman talking about?
a) taking courses b) going to a movie
c) where to eat d) finding a place to live
- 2) What did the man want to do?
a) Go dancing.
b) Study aromatherapy.
c) Take a massage therapy course.
d) Find a partner.
- 3) Where is the class on May 25?
a) Thornhill Pool b) Bob Bahan Pool
c) Saturday Pool d) Relaxation Pool
- 4) What kind of chemicals help reduce the risk of heart disease?
a) tryochemicals b) phylochemicals
c) pyrochemicals d) phytochemicals
- 5) Which course is NOT mentioned?
a) Nutrition b) Vitamins
c) Body Detoxing d) Cleansing
- 6) Kundalini yoga classes started in ?
a) March b) April c) May d) June
- 7) Which class is NOT offered just for women?
a) Introductory yoga b) Basic Camping
c) Flamenco d) Hiking
- 8) What is the man's complaint?
a) There are no courses he can take.
b) He can't find anything he likes.
c) He doesn't like outdoor activities.
d) There are no courses just for men.
- 9) What are the dates for Basic Camping for Women?
a) April 8th to 15th. b) April 15th to 18th.
c) May 8th to 15th. d) May 15th to 18th.
- 10) What certificate can women get?
a) Women Outdoors Certificate
b) Women Hiking Certificate
c) Kundalini Yoga Certificate
d) Bears in the Backcountry Certificate

Past Simple vs Present Perfect

Present Perfect Simple	Past Simple
<ul style="list-style-type: none">• Unfinished actions that started in the past and continue to the present: <i>I've known Julie for ten years (and I still know her).</i>	<ul style="list-style-type: none">• Finished actions: <i>I knew Julie for ten years (but then she moved away and we lost touch).</i>
<ul style="list-style-type: none">• A finished action in someone's life (when the person is still alive: life experience): <i>My brother has been to Mexico three times.</i>	<ul style="list-style-type: none">• A finished action in someone's life (when the person is dead): <i>My great-grandmother went to Mexico three times.</i>
<ul style="list-style-type: none">• A finished action with a result in the present: <i>I've lost my keys! (The result is that I can't get into my house now).</i>	<ul style="list-style-type: none">• A finished action with no result in the present: <i>I lost my keys yesterday. It was terrible! (Now there is no result. I got new keys yesterday).</i>
<ul style="list-style-type: none">• With an unfinished time word (this week, this month, today): <i>I've seen John this week.</i>	<ul style="list-style-type: none">• With a finished time word (last week, last month, yesterday): <i>I saw John last week.</i>

Remember:

- We use the past simple for past events or actions which have no connection to the present.
- We use the present perfect for actions which started in the past and are still happening now OR for finished actions which have a connection to the present.
 - We CAN'T use the present perfect with a finished time word: NOT: I've been to the museum yesterday.

Choose the past simple or the present perfect:

1. Last night I _____(lose) my keys – I had to call my flatmate to let me in.
2. I _____(lose) my keys – can you help me look for them?
3. I _____(visit) Paris three times.
4. Last year I _____(visit) Paris.
5. I _____(know) my great grandmother for a few years - she died when I was eight.
6. I _____(know) Julie for three years – we still meet once a month.
7. I _____(play) hockey since I was a child – I’m pretty good!
8. She _____(play) hockey at school, but she _____
(not / like) it.
9. Sorry, I _____(miss) the bus, so I’m going to be late.
10. I _____(miss) the bus, and then I _____(miss) the
aero plane as well!
11. Last month I _____(go) to Scotland.
12. I’m sorry, John isn’t here now. He _____(go) to the
shops. 13. We _____(finish) this room last week.
14. I _____(finish) my exams finally – I’m so happy!
15. Yesterday, I _____(see) all my friends. It was great.

Complete the following exercise with present perfect or simple past tense.

- 1-2. He (live) in London for two years and then (go) to Edinburgh.
- 3-4. (wear) your hair long when you were at school? Yes, my mother (insist) on it.
- 5-7. But when I (leave) school I (cut) my hair and (wear) it short ever since.
8. Shakespeare (write) a lot of plays.
- 9-10. My brother (write) several plays. He (just / finish) his second tragedy.
- 11-12. I (fly) over Loch Ness last week. (you/see) the Loch Ness monster?
13. I (not see) him for three years. I wonder where he is.
14. He (not smoke) for two weeks. He is trying to give it up.
15. Chopin (compose) some of his music in Majorca.
- 16-17. When (arrive)? He (arrive) at 2.00.
18. (you / lock) the door before you left the house?
- 19-20. I (read) his books when I was at school. I (enjoy) them very much.
21. I can't go out because I (not finish) my work.
22. I (never / drink) whiskey.
23. I (write) the letter but I can't find a stamp.
24. The clock is slow. It isn't slow, it (stop).
25. Here are your shoes; I (just / clean) them.

Vocabulary Activity

Discuss the following vocabulary words and phrases:

photography	handicrafts	paint the town red
scrapbooking	outdoor / indoor	catch a flick
surfing the internet	performing arts	hang out
pottery	needlework	catch some rays
playing a musical instrument	embroidery	go window-shopping
bird watching	writing poetry	shoot some hoops
cooking and baking	enjoy a cup of Joe	keep it low-key

1. How did you become interested in your hobby? Please explain.
2. What were your hobbies when you were younger?
3. What hobby or activity would you want to try someday? Why do you want to try it?
4. What hobby or activity would you definitely never want to try someday? Why don't you want to try it?
5. If you could do your hobby every day, would you want to? Why/not?
6. Does your hobby help you relax? If yes, how does it help you relax?
7. Would you like to try something dangerous, like skydiving? How about rock climbing? Why/not?
8. Would you like to try something quiet, like chess? Why/not?
9. What do hobbies and interests tell about a person?

The End