

# Food and Dining



## Warm Up

- What's your day's diet like?



Breakfast



LUNCH



SNACK



Dinner

## Introduction

### How often do you think about food?

No matter where you go, it's clear that one of the aspects of culture that is most important is **food**. Indeed, one of the best ways to truly [experience local culture](#) when you travel is to try the food.



Food is a huge deal when it comes to culture. Nearly every culture has its own food, and its own customs associated with eating food.

# Food and Dining

## International Cuisine

Can you name a popular food from different countries?

Country	Cuisine	Healthiness	Taste
China	Dim sum...		
Japan			
Korea			
The UK			
Italy			
Mexico			
Thailand			
India			
Philippines			
Your country...			

# Food and Dining

## Meal Course

Fill in the blanks with the correct word in the box.

main course	beverage	appetizer	snack
dessert	soup	salad	

1. \_\_\_ a small dish of food served before the main part of a meal
2. \_\_\_ sweet food eaten after the main part of a meal
3. \_\_\_ a liquid dish, typically made by boiling meat, fish, or vegetables, etc., in stock or water.
4. \_\_\_ something you can drink : a liquid for drinking
5. \_\_\_ a small amount of food eaten between meals.
6. \_\_\_ a cold dish of various mixtures of raw or cooked vegetables
7. \_\_\_ the most substantial course of a meal.

**Give example of each type of food and discuss when it is eaten during a full course meal.**

# Food and Dining

## Dining Vocabulary

**Dining** does not only refer to dinner: a hotel will usually serve lunch in the *dining room*, for example. But if you say you plan to *dine out*, most people will take that to mean go out for an evening meal.

Identify the pictures and say what they are for.

1



2



3



4



5



6



7



8



9



- a. Dinner plate
- b. Tea cup
- c. Water goblet
- d. Saucer
- e. Butter knife
- f. Tea spoon
- g. Table napkin
- h. Dinner fork
- i. Dessert fork

# Food and Dining

## Role Play – Ordering Food in A Restaurant

*Waiter:* Hello, Can I help you?

*Kim:* Yes, I'd like to have some lunch.

*Waiter:* Would you like a starter?

*Kim:* Yes, I'd like a bowl of chicken soup, please.

*Waiter:* And what would you like for a main course?

*Kim:* I'd like a grilled cheese sandwich.

*Waiter:* Would you like anything to drink?

*Kim:* Yes, I'd like a glass of Coke, please.

*Waiter... After Kim has her lunch.:* Can I bring you anything else?

*Kim:* No thank you. Just the bill.

*Waiter:* Certainly.

*Kim:* I don't have my glasses. How much is the lunch?

*Waiter:* That's \$6.75.

*Kim:* Here you are. Thank you very much.

*Waiter:* You're welcome. Have a good day.

*Kim:* Thank you, the same to you.

Soup: Mushroom Soup

Appetizer: Fried Calamari

Main Course: Spicy Honey Chicken

Drink: Orange juice.



**Practice ordering food in a restaurant with your teacher.  
Order something else!**

# Food and Dining

## Dining Out

**How will your guests respond to your questions? They need to understand you, but even more importantly, you need to understand them! Choose the right word and check your answers.**

1. We'll take a a) picture b) pitcher c) bunch of beer with four glasses, please.
2. I think we are all ready to a) border b) request c) order.
3. Can we look at the a) specials b) details c) sessions please?
4. I think we'll get another order of garlic bread to a) bite b) have c) go.
5. I like my steak a) raw b) medium rare c) dead so there is a little pink in the middle.
6. Do you have any a) pepper b) meat c) sauce to dip the chicken fingers in?
7. Everything is a) delicious b) late c) checked, thank you.
8. I can't eat another a) drink b) thought c) bite.
9. We'll have coffee while we look at the dessert a) delicious b) menu c) bowl.
10. You can put it all on one a) bowl b) glass c) bill, thanks.
12. Seniors get a a) dessert b) discount c) sauce on food, but not on liquor.
13. The cheese on these nachos isn't a) fried b) boiled c) melted enough.
14. Can you bring table #2 some a) debits b) silverware c) paycheques so they can eat their dinner?



# Food and Dining

## Vocabulary Building

Choose the word that best describes the pictures.

1



2



3



4



5



6



7



8



Cutlery	Booking	Menu	Doggie bag
A party	Set Menu	Buffet	Tip

# Food and Dining

## My Favorite Restaurant

People all over the world connect over 'the love of food'. Moreover, if you are among those who have had a great fortune to have dined at a few great restaurants, why not share the experience with your teacher?

**Here's some expressions that might help you:**

**LOCATION** - far, near? Parking?

**STAFF** - Friendly, efficient, courteous, and knowledgeable waiter and waitresses?

**SERVICE** – wait time? Fast, Quick

**SELECTION OF FOOD** – wide , limited?

**ATMOSPHERE** - Romantic setting?

Family setting? Singles hangout?

Attractive décor? Well-kept and updated?

**PRICES** – reasonable, expensive, cheap

**FOOD** - Quantity and quality of food?

delectable, delicious, tasty, delightful?



# Food and Dining

## Food Taste and Texture

### Matching Activity

Give examples of food that tastes like the following.

- |                   |  |
|-------------------|--|
| <b>1. Burnt</b>   | a. something that has a strong sharp taste that is not sweet             |
| <b>2. Hot</b>     | b. lacking taste or flavor or tang                                       |
| <b>3. Salty</b>   | c. With a taste like lemon   |
| <b>4. Spicy</b>   | d. Contains a lot of butter, cream and eggs in it.                       |
| <b>5. Tasty</b>   | e. Overcooked the point of turning black                                 |
| <b>6. Sour</b>    | f. Contains a lot of spices that create a burning feeling in your mouth. |
| <b>7. Crunchy</b> | g. Firm and making a loud noise when it is eaten.                        |
| <b>8. Bland</b>   | h. Strong hot flavor   |
| <b>9. Bitter</b>  | i. Tastes of salt  |
| <b>10. Moist</b>  | j. Firm and making a loud noise when it is eaten.                        |
| <b>11. Rich</b>   | k. A little wet  |
| <b>12. Greasy</b> | l. Good flavour and is nice to eat.                                      |

## Food Adjectives

Complete the sentences using the correct adjective.

1. My cousin used to eat lemons for breakfast. I don't know how, they're so \_\_\_\_.

sweet  
bitter

2. I don't like \_\_\_\_ food. I always use a lot of sauces or **gravy**.

dry  
moist

3. Authentic curries are usually very \_\_\_\_.

spicy  
bland

4. I love chocolate cake, but that one was so \_\_\_\_ I could **barely finish it!**

rich  
savoury

5. **Yuck!** This soup is way too \_\_\_\_!

salty  
tasty

6. I love pizza, but sometimes it's a bit too \_\_\_\_.

sugary  
greasy

7. **Yuck!** I think this milk is \_\_\_\_.

sour  
scrumptious

8. I love \_\_\_\_ food, like chocolate, cookies and cakes.

savoury  
sweet

9. **Not only** was the service bad, when the food **arrived it was** \_\_\_\_.

piping hot  
lukewarm

10. I like really \_\_\_\_ salads, that have carrots and **peppers in them**.

crunchy  
dry

## Phrasal Verbs

Fill in the blanks with the correct phrasal verb.

- I am feeling depressed, so I have lost my appetite. That's why I am \_\_\_\_\_ my food.  
a. picking on                      c. pigging out  
b. picking at                      d. pigging at
- At night, John likes to \_\_\_\_\_ potato chips before bed.  
a. snack                              c. snack at  
b. snack up                        d. snack on
- Last night, Seth was so hungry that he \_\_\_\_\_ on lasagna, potato salad, ice cream, and pickles.  
a. pigged on                        c. pigged out  
b. cut down on                    d. picked at
- I don't want to cook tonight. Let's \_\_\_\_\_.  
a. eat out                            c. snack on  
b. live on                            d. order out
- Adrian could \_\_\_\_\_ spaghetti. It's his favourite.  
a. live down                        c. live in  
b. live out                          d. live on
- Dinner is ready. \_\_\_\_\_, everyone!  
a. Dig on                            c. Dig up  
b. Dig in                            d. Dig
- Colin needs to lose weight. He should \_\_\_\_\_ beer and junk food.  
a. cut off                            c. cut up off  
b. cut on                            d. cut down on
- Let's stay home tonight and watch movies. We can \_\_\_\_\_ some pizza.  
a. order out                        c. order in  
b. eat out                            d. eat in
- Janice's plate is totally empty. She must love your cooking because she \_\_\_\_\_ her dinner.  
a. polished off                    c. polished down  
b. polished out                    d. polish down on
- Is it healthy to \_\_\_\_\_ ramen noodles?  
order out  
a. order out                        c. dig on  
b. eat on                            d. live on

## Grammar Chunk

### The difference between 'some' and 'any'

Generally, we use 'any' in the same way as 'some': when we are thinking about a certain amount or number of something. Remember, usually both 'some' and 'any' can only be used with plural countable nouns or uncountable nouns, but not usually with singular countable nouns.

### We usually use 'some' with affirmative (positive) sentences and 'any' with negatives and questions:

- She bought some tomatoes [positive sentence].
- She didn't buy any tomatoes [negative sentence].
- Did she buy any tomatoes [question]?

### However, there are some exceptions to this.

1. 'Any' can be used in a positive sentence to mean 'it's not important which one'. When we use 'any' in this way, it's most often used with singular countable nouns:

- You can take any bus.
- Pass me any glass.
- Come over any Sunday.

2. 'Any' can also be used in positive sentences that have a negative feeling, for example if they include 'never', 'hardly', 'without':

- She never eats any fruit.
- We hardly watch any television.
- Julia left the house without any money.

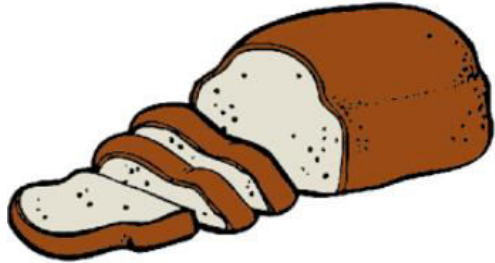
3. 'Some' can be used in questions when we expect that the answer will be 'yes'. This is very common in offers and requests:

- Would you like some coffee?
- Do you want some sandwiches?
- Could you give me some help?
- Could you pass me some sugar?

# Food and Dining

## Grammar Chunk

Complete the following sentences using **some** or **any**.



1. We haven't got \_\_\_\_\_.



2. There are \_\_\_\_\_.



3. Is there \_\_\_\_\_?



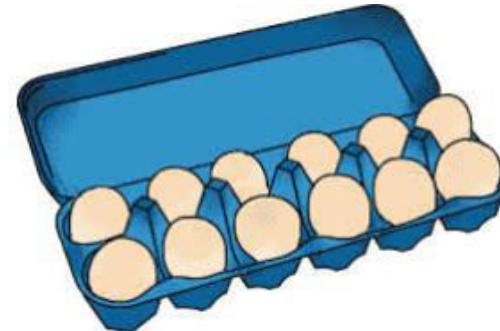
4. The salad is horrible there isn't \_\_\_\_\_.



5. I've got \_\_\_\_\_ for Anne.



6. There is \_\_\_\_\_ for you in the fridge.



7. Are there \_\_\_\_\_, Nick?.



8. Would you like \_\_\_\_\_?

## Reading Exercise

If you are like a lot of other North Americans, you like to start your day with a cup of coffee. Coffee contains a substance called caffeine. In humans caffeine is a **stimulant**. It makes you feel more awake and alert. Many people start their day with a cup of coffee because of the stimulant effects. In fact, about 90% of North Americans drink coffee.

Coffee is the third most popular drink in the world. Only tea and water are more popular than coffee. Coffee beans are actually the seeds of coffee cherries that grow on coffee plants. The beans are green when they are picked. Most of the coffee that is sold in coffee shops and grocery stores is brown. It is brown because the beans have been **roasted** at high temperatures. The roasting gives the beans their different flavours. Some coffees are darker and stronger tasting than other coffees. You can buy green coffee beans from some stores if you want to roast your own beans.

In North America, a latte is coffee that has steamed milk added to it. A cafe mocha is coffee with steamed milk and some chocolate added to it. Sometimes whipped cream is put on the top of a cafe mocha. Coffees with different flavours added to them are very popular.





# Food and Dining

## Reading Comprehension

**Did you understand the story? Are these sentences true?**

1. Coffee beans are green before they are roasted. Yes or no?
2. Many North Americans have coffee in the morning. Yes or no?
3. Not very many North Americans drink coffee. Yes or no?
4. In North America, a latte has chocolate in it. Yes or no?

**Fill in the Blanks:**

5. Coffee beans turn \_\_\_\_\_ when they are roasted.
6. Roasting coffee beans needs high \_\_\_\_\_.
7. A cafe mocha is coffee with \_\_\_\_\_ milk and \_\_\_\_\_ added to it.
8. Both tea and \_\_\_\_\_ are more popular drinks than coffee.
9. The caffeine in coffee is a \_\_\_\_\_. It makes you feel more awake.

Do you drink coffee? Why or Why not?

# Food and Dining

## Critical Thinking



# Food and Dining

## Shopping for Food

Describe and discuss the following:



1

Shopping list



2

Coupons



3

Shopping carts



4

Nutrition Label



5

Cashier



6

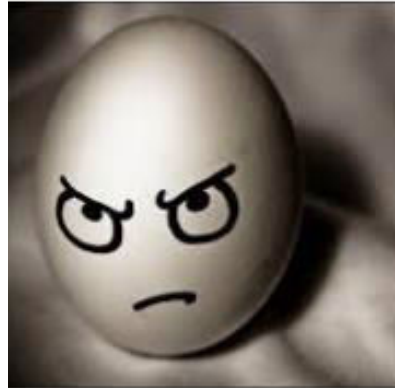
Sales Clerk

# Food and Dining

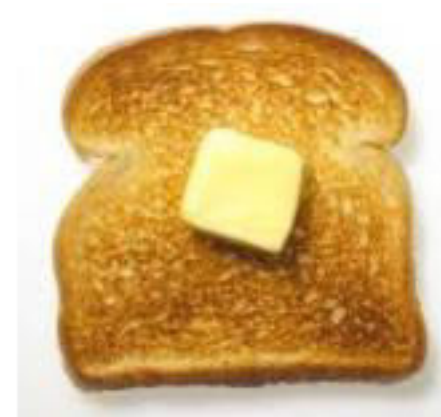
## Idiomatic Expressions



Baby Jessica is the **apple of her father's eye**.



I don't want my little brother hanging around with the **bad eggs** on the street.



Just explain the **bread and butter** of your report. You don't have to go into details.



I love reading **cheesy** romance novels because I don't have to think.

What do you think they mean?  
Try to use them in a sentence.

## Speaking Drill

1. What is your favorite snack?
2. Do you watch what you eat?
3. What food did your mother always tell you to eat and not to eat?
4. Can you eat anything?
5. What is your favorite food that your mother/father cooks?
6. How often do you eat out?
7. How would you describe your country's food?
8. What is your favorite food? What is in it?
9. What is your favorite foreign food?
10. Have your favorite foods changed over the years?
11. What kinds of food can you cook? Would you like to learn how to cook more types of food?
12. Do you skip meals? Why or why not?
13. Do you like fancy restaurants? Why or why not?
14. What do you think of the food prices these days?

## Pronunciation Drills

### Tongue Twisters

- Can you can a can as a canner can can a can?
- How many cookies could a good cook cook if a good cook could cook cookies?
- A good cook could cook as many cookies as a good cook who could cook cookies.

# Food and Dining

## Pronunciation Drills

### Minimal Pairs

/s/ vs /ʃ/

Boss	bosh
save	shave
seal	she'll
so	show
sofa	chauffeur
sore	sure
sort	short
suit	shoot
save	shave

accomplice	accomplish
gas	gash
crass	crash
mess	mesh
bass	bash
swiss	swish
mass	mash
last	lashed
fist	fished

**The End**