



A Medical Check up

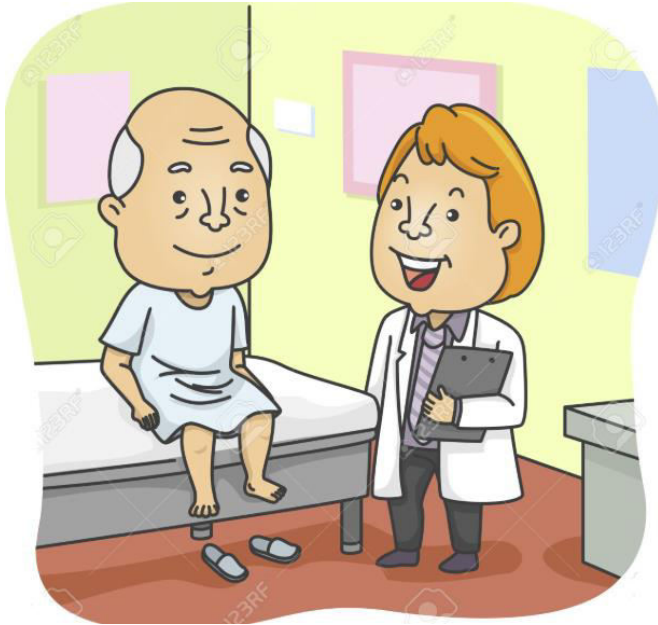
Warm Up



What complaints do you have on your body?

A Medical Check up

Introduction



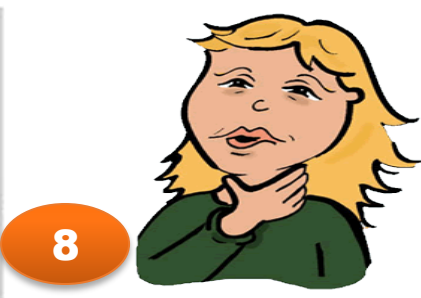
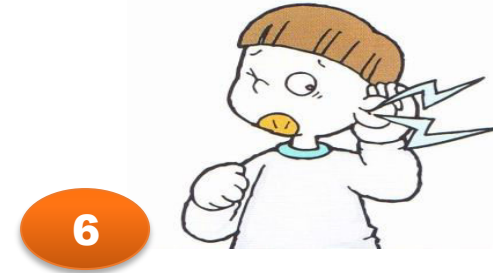
A medical check up is a **thorough physical examination**. It includes a **variety of tests** depending on the age and sex and health of the person.

When was the last time that you had a medical check up?

A Medical Check up

Common Ailments

Label the pictures with the words below.



- a. fever
- b. cold
- c. backache
- d. headache
- e. sore throat
- f. toothache
- g. stomachache
- h. cough
- i. earache

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People at the Hospital

Match the column A to column B.

A

- a. a medical practitioner specializing in children and their diseases.
- b. does an operation
- c. a person whose job is treating people's teeth
- d. trained to provide primary health care to patients of either sex and any age
- e. helps a woman have a baby
- f. a technician who specializes in taking and processing x-rays
- g. helps treat a person at the scene of an emergency
- h. looks after people who are sick or injured
- i. prepares medicine to sell to patients
- j. looks after equipments or perform tests and procedures

B

- 1. *nurse*
- 2. *paramedic*
- 3. *midwife*
- 4. *dentist*
- 5. *surgeon*
- 6. *family doctor*
- 7. *pharmacist*
- 8. *lab technician*
- 9. *x-ray technician*
- 10. *pediatrician*

A Medical Check up

Reading Exercise

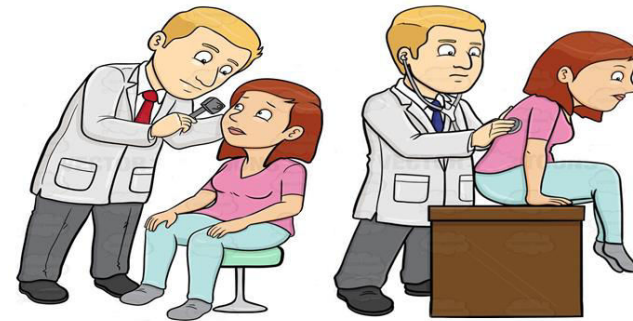


“I **do not feel** right,” thought Meg. She **tells** her friend, “I am tired each day. I am thirsty all the time. I just **am not** myself.” “I agree,” says Norm, “I think you should see a doctor.”

“I am afraid to go,” replies Meg, “He may find a disease.” Norm says, “I am afraid for you too, but I think it is better to know what is wrong. Then you can get help.” Meg thinks about what Norm said. She decides to call the clinic. Her visit with the doctor is in four days.

At her visit, Meg learns that she has **diabetes**. The doctor says, “It can be managed by **diet** and **exercise**. If that does not work, we will try other ways.”

Meg is not happy about the news, but at least she now knows what is wrong. She hopes to feel better by doing what the doctor says.



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Reading Comprehension

Answer the questions about the story.

1. How does Meg feel?
2. Why is Meg afraid to go to the doctor?
3. Why does Norm want her to see the doctor?
4. What does the doctor find?
5. What are two things that the doctor suggests could help Meg feel better?

Free Response

1. **What do you know about diabetes?**
2. **Why do you think people suffer from diabetes.**
3. **How often do you visit a doctor for a medical check-up?**
4. **Do you watch your diet and do you exercise?**



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Grammar Focus

Forming the Simple Present

Singular subject + verb-s/es

Plural Subject + base form of the verb

Verb ending in...	Form	Examples
for most verbs	add -S	The dog runs fast.
s z sh ch x o	add -ES	- He passes - It buzzes - She wishes - She watches - She mixes - He goes
consonant + y	Change y to i then add -ES	- It flies

For Negatives simply add:

- is / are + not
- do / does + not + main verb

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Grammar Exercise

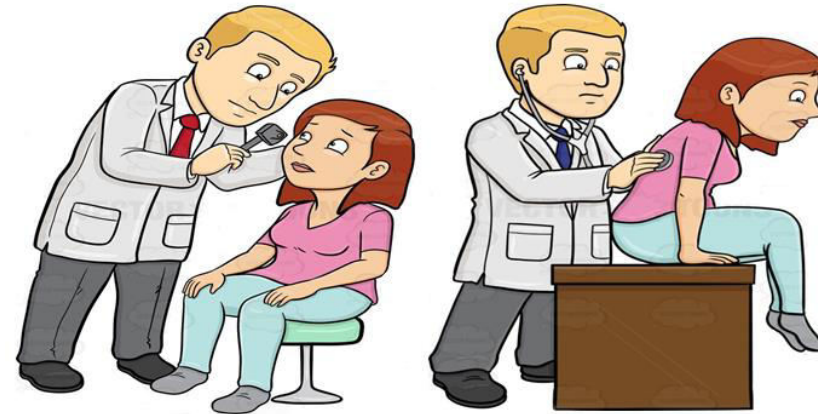
Put the verbs into the correct form.

1. I (work) _____ at a bank.
2. She (stay) _____ with her parents.
3. Cows (feed) _____ on grass.
4. He (earn) _____ a handsome salary.
5. Janet (wish) _____ to be a singer.
6. Emily (bake) _____ delicious cookies.
7. Arti and her husband (live) _____ in Singapore.

Make negative sentences.

1. My father makes breakfast. →
2. They are eleven. →
3. She writes a letter. →
4. I speak Italian. →
5. Danny phones his father on Sundays. →

8. Rohan and Sania (enjoy) _____ to play card games.
9. Sophia (speak) _____ English very well.
10. Martin (go) _____ for a walk in the morning.
11. My grandfather (love) _____ his pet dog.
12. Plants (need) _____ water and sunlight for making their food.
13. Mr. Smith (teach) _____ Spanish and French.
14. Simon (sell) _____ rabbits and goldfish.



A Medical Check up

At the Hospital

accident and emergency

maternity ward

take a blood sample

reception

canteen

operating room

give an injection

monitor a patient's heart rate

waiting room

write a prescription

dress a wound

Complete the sentences with the words above.

1. My daughter has just had a baby. Which way is it to _____ the please?
2. My friend was in a serious crash on his bike. They took him to _____.
3. Giancarlo is in the _____ now. The surgery on his knee will take about 3 hours.
4. We can _____ with this device. It will show us how fast it is beating.
5. We need to _____ to the patient to protect him from tuberculosis.
6. Please sit in the _____. There are lots of magazines for you to read.
7. There isn't much choice at the _____. But at least there is somewhere to eat.
8. The student is learning how to _____. Last time the bandage was too tight.
9. We need to _____. We should test the iron levels in your body.
10. Please go to the _____ and sign-in if you are visiting a patient.
11. I will _____ for you. Take 2 of these tablets every day, just after a meal.

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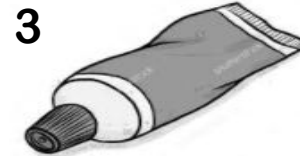
Vocabulary Exercise

Match symptoms with the remedies

1. Infection
2. Pain or fever
3. Cough
4. Allergies
5. Stuffy Nose
6. Indigestion

- A. Antihistamine
- B. Antacid
- C. Decongestant
- D. Antibiotic
- E. Cough suppressant
- F. Pain reliever or fever reducer (*Paracetamol*)

Match the pictures with the correct words



1. Capsule
2. Lozenges
3. Liquid / syrup
4. Tablet
5. Drops
6. Spray
7. Cream / ointment

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At the Hospital

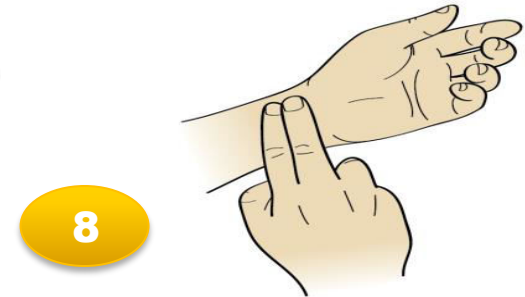
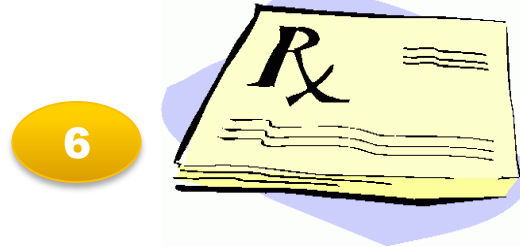
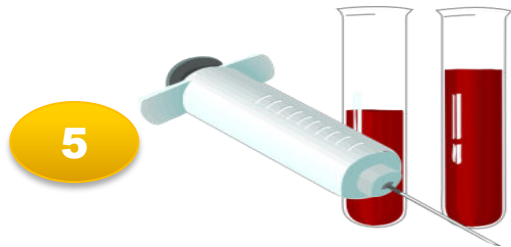
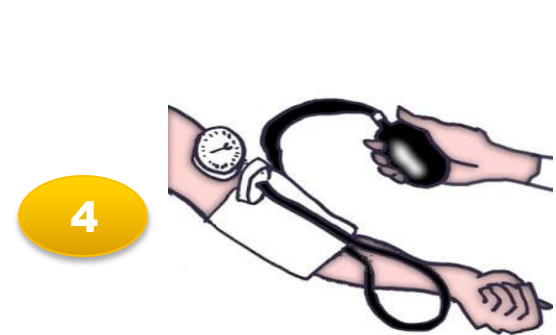
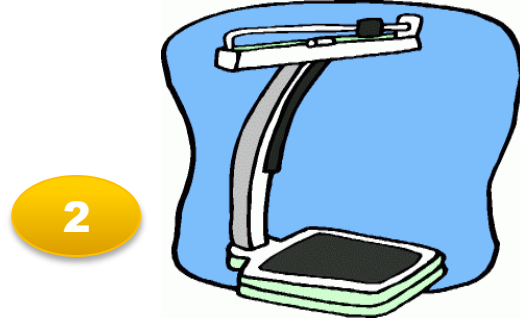
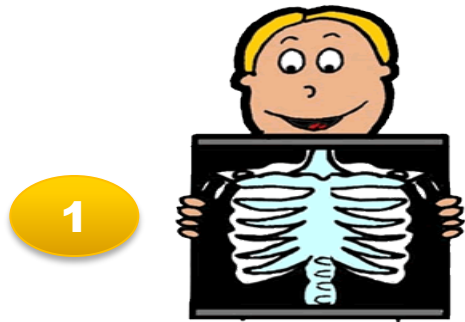
Label the pictures with the words below.

pulse
blood pressure

scale
weight

stethoscope
x-ray

prescription
blood test



A Medical Check up

Role Play

Read the dialogue with your teacher and then practice using the symptoms you learned.

Making an Appointment

Claire: Hello, how may I help you?

Roy: I would like to make an appointment with Dr. Smith, please.

Claire: What would you like to see him for?

Roy: I need my annual physical check up and also have a shoulder problem. It is aching.

Claire: Dr. Smith has openings next week. Are you free on Monday or Tuesday?

Roy: I am free on Tuesday afternoon.

Claire: We will schedule you for next week Tuesday at 3pm.

Seeing the Doctor

Roy: Hi, doctor. I came today because I need a flu shot and to get a checkup.

Dr. Smith: Okay. Have you had a flu shot in the past year?

Roy: No, not in the last few years. My knee hurts as well. I have been running a lot more and think it is injured.

Dr. Smith: When did the pain start and does it still hurt now?

Roy: About 2 weeks ago and yes, it still hurts.

Dr. Smith: I suggest you ice it and I will prescribe you some pain medication.

Roy: Thank you, Doctor!



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Doctor I need your help!

Matching Exercise

1. My hair is falling out!
2. My eyes are dry and
3. My throat is dry!
4. My knees keep.....
5. I twisted my
6. My waist is getting bigger!
7. I cut my finger!
8. I have a toothache!
9. My ears are sore.
10. My legs feel.... .
11. My skin is itchy!
12. My head hurts!
13. My nose is
14. My chest feels tight!
15. My stomach
16. My arm is

- A. ... weak.
- B. ... ankle.
- C. Am I overweight?
- D. The bleeding won't stop!
- E. ... sore.
- F. I think I have a cavity!
- G. I can't hear!
- H. I can't stop scratching!
- I. What's wrong with me?
- J. Am I going bald?
- K. ... runny.
- L. ... watery.
- M. I can't stop coughing.
- N. I can't breath.
- O. ... hurts.
- P. ... locking

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Culture File

Natural Remedies in the World

What natural remedies are commonly used in your country?



Ginger



Turmeric



Ginseng



Garlic



Honey



Aloe Vera

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Speaking Drill

1. What comes to mind when you hear the word 'hospital'?
2. What are your experiences of hospitals?
3. How often do you have a medical check up?
4. Are the hospitals in your country good?
5. Have you ever been to a hospital in another country?
6. Would you like to work in a hospital?
7. Have you ever stayed in hospital?
8. What do people do if they cannot afford to go to hospital?
9. Who are the most important people working in hospitals?
10. How do you keep yourself healthy?



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Pronunciation Drills

Minimal Pairs

T sound	Voiced TH sound
tease	these
toes	those
tear	their
toe	though
tan	than
ten	their
tat	that



The End