



LESSON 2. SICKNESS AND SYMPTOMS

Feeling sick is always a drag, isn't it?

It gets even worse when you realize you need to see a doctor.

Now imagine this, you are in a foreign country and you feel terrible. You know you need medical attention, and that's when you become aware of the fact that your whole conversation with the doctor will be in another language. You'll need to describe symptoms and how you feel in general.

Communicating with a doctor in a foreign language can be frustrating, and this is why our students need to be ready. In this scenario, things can only get worse if they aren't prepared.





Listening 2.2

Listen to the conversation and then answer the questions below.

1. What's the matter with Steve?

- A. He has a cold.
- B. He has the flu.
- C. He has a stomachache.

2. How long has Steve been sick?

- A. since Friday
- B. since Saturday
- C. since Sunday

3. How often should Steve take the medicine the doctor prescribes?

- A. Three times a day with meals
- B. Four times a day before meals
- C. Three times a day after meals

4. What does Carla suggest he do?

- A. take herbal medicine
- B. see another doctor
- C. eat chicken soup

5. What does Steve decide to do?

- A. talk to another friend
- B. listen to Carla's suggestion
- C. see the same doctor again



Role-Playing Activity



Sasha does not feel well and goes to see the doctor.

Dr. Smith: Hello, Sasha. How are you feeling today?

Sasha: I don't feel well.

Dr. Smith: What's wrong? Can you tell me how you feel?

Sasha: Well, I have a terrible headache.

Dr. Smith: Hmm...Anything else? Does your throat hurt?

Sasha: Yes, it hurts a little. I have a cough too.

Dr. Smith: Do you have a fever?

Sasha: Yes, I have a low fever.

Dr. Smith: It sounds like you may have the flu.

Sasha: Oh, that's terrible.

Dr. Smith: Don't worry. I will give you some medicine and you will feel better soon.

Sasha: Okay. Can I go to work tomorrow?

Dr. Smith: No. Stay home tomorrow, get some rest, and drink plenty of juice and water.

Sasha: Thank you, Doctor.

Dr. Smith: Okay, take care of yourself and I hope you feel better soon.

Explain how the flu is treated in your country

Vocabulary Activity

Match column A with the symptoms on the right.

- | | |
|----------------|---|
| A. Nausea | 1. pain in or near a tooth |
| B. Swelling | 2. the condition of being larger than normal |
| C. Sore throat | 3. to make a hole or wound in (a person's skin) |
| D. Backache | 4. weak and dizzy |
| E. Rash | 5. a dark and painful area on your skin that is caused by an injury. |
| F. Vomiting | 6. the feeling you have in your stomach when you think you are going to vomit. |
| G. Cut | 7. pain in the back |
| H. Bruise | 8. a group of red spots on the skin that is caused by an illness or a reaction to something |
| I. Toothache | 9. pain in the throat due to inflammation of the fauces and pharynx |
| J. Cough | 10. an act or instance of disgorging the contents of the stomach through the mouth |
| | 11. to force air through your throat with a short, loud noise often because you are sick |



Match column A with the symptoms on the right.

L. Earache

M. Cold

N. Runny nose

O. Chills

P. Dizzy

Q. Stomach ache

R. The flu

12. an illness like a very bad cold, with a high temperature, pains and weakness

13. when your ear hurts

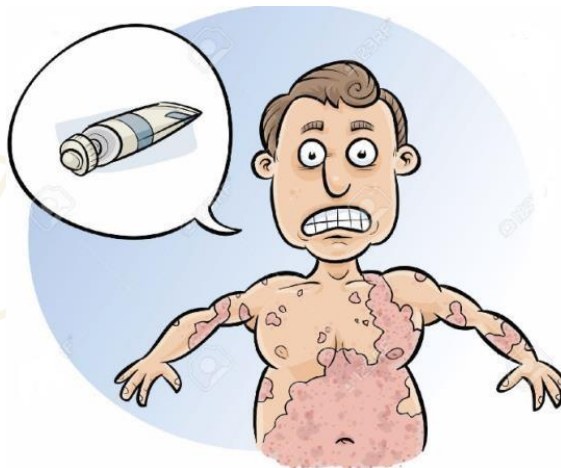
14. when you're so cold you can't warm up and your body is shivering

15. when stuff is coming out of your nose and won't stop

16. when your stomach hurts

17. a common illness that affects the nose and/or throat, making you cough & sneeze

18. when your head feels funny and you think you might fall down





Listening 2.2

Keren shares what she eats when she is felling sick or needs a boost..

- 1) How long has he had the cold?**
 - a) A week
 - b) A couple nights
 - c) A couple hours
- 2) What is he doing for his cold?**
 - a) Taking medicine
 - b) Drinking soup
 - c) Resting
- 3) What is pickled sour plum called?**
 - a) Umeboshi
 - b) Onigiri
 - c) Cherry sour
- 4) What symptoms does he have?**
 - a) Fever
 - b) Cough
 - c) Headache
- 5) What symptoms does he not have?**
 - a) Sore throat
 - b) Tired body
 - c) Upset stomach

not too good • cold • take it easy
pickled • symptoms • sore throat

1. My head hurts and I have a
2. Do you eat foods?
3. I feel after the big party last night.
4. Your sound like you have allergies
5. You sound different. Do you have a ?
6. He said he was going to tonight.

Matching Exercise

- | | |
|------------------------|---|
| A. Allergist: | 1) heart specialist |
| B. Anesthesiologist: | 2) specializes in imaging tests (x-ray, etc.) |
| C. Cardiologist: | 3) treats babies and children |
| D. Dentist | 4) deals with eye diseases |
| E. Dermatologist: | 5) brain specialist |
| F. Gynecologist: | 6) specializes in the body's movement |
| G. Midwife: | mental health specialist |
| H. Neurologist: | 7) tumour specialist |
| I. Oncologist: | 8) helps women deliver babies |
| J. Ophthalmologist: | 9) skin specialist |
| K. Pediatrician: | 10) specializes in women's needs |
| L. Physical therapist: | 11) tooth specialist |
| M. Psychiatrist: | 12) treats food and environmental allergies |
| N. Radiologist: | 13) provides pain prevention during surgery |
| | 14) heart specialist |



Reported speech

When we report someone's we can do it in two ways. We can use **direct speech** with quotation marks ("I work in a bank"), or we can use **reported speech** (*He said he worked in a bank.*)

In reported speech the tenses, word-order and pronouns may be different from those in the original sentence.

Present simple and present continuous tenses

Direct speech: "I travel a lot in my job."

Reported speech: *He said that he travelled a lot in his job.*

The present simple tense (*I travel*) usually changes to the past simple (*he travelled*) in reported speech.

Direct speech: "Be quiet. The baby's sleeping."

Reported speech: *She told me to be quiet because the baby was sleeping.*

The present continuous usually changes to the past continuous.

Direct Speech	Reported Speech
Present	Past
"I am tired." (simple)	"He said (that) he was tired." (simple)
"I am studying ." (progr.)	"He said he was studying ." (progr.)
"I have seen it." (perf.)	"He said he had seen it." (perf.)
"I have been working hard." (perf. progr.)	"... he had been working hard." (perf. progr.)
Simple Past	Past Perfect
"I liked the movie."	"He said he had liked the movie."
Imperative	Infinitive
" Hold on , please."	He asked me to hold on .

Reported speech

NB:

“I work in Italy” **Reported speech:** *He told me that he works in Italy.*

It isn't always necessary to change the tense. If something is still true now – he *still* works in Italy – we can use the present simple in the reported sentence.

Past simple and past continuous tenses

Direct speech: “We lived in China for 5 years.”

Reported speech: She told me they had lived in China for 5 years.

The past simple tense (we lived) usually changes to the past perfect (they had lived) in reported speech.

Direct speech: “I was walking down the road when I saw the accident.”

Reported speech: He told me he'd been walking down the road when he'd seen the accident.

The past continuous usually changes to the past perfect continuous.

Perfect tenses

Direct speech: “They've always been very kind to me”.

Reported speech: She said they'd always been very kind to her.

The present perfect tense (*have always been*) usually changes to the past perfect tense (*had always been*).

Direct speech: “They had already eaten when I arrived”

Reported speech: He said they'd already eaten when he'd arrived.

The past perfect tense does not change in reported speech.

Complete the sentences in reported speech. Note whether the sentence is a request, a statement or a question.

1. He said, "I like this song."
- He said
2. "Where is your sister?" she asked me.
- She asked me.
3. "I don't speak Italian," she said.
- She said
4. "Say hello to Jim," they said.
- They asked me
5. "The film began at seven o'clock," he said.
- He said
6. "Don't play on the grass, boys," she said.
- She told the boys
7. "Where have you spent your money?" she asked him.
- He said
8. "I never make mistakes," he said.
- He said
9. "Does she know Robert?" he wanted to know.
- He wanted to know
10. "Don't try this at home," the stuntman told the audience.
- The stuntman advised the audience
11. "I was very tired," she said.
- She said
12. "Be careful, Ben," she said.
- She told Ben
13. "I will get myself a drink," she says.
- She says
14. "Why haven't you phoned me?" he asked me.
- He wondered
15. "I cannot drive them home," he said
- He said
16. "Peter, do you prefer tea or coffee?" she says.
- She asks Peter
17. "Where did you spend your holidays last year?" she asked me.
- She asked me
18. He said, "Don't go too far."
- He advised her
19. "Have you been shopping?" he asked us.
- He wanted to know
20. "Don't make so much noise," he says.
- He asks us

Vocabulary Activity

Discuss these words

pill	capsule	syrup
ointment	eye drops	injection
tranquilizer	pain killer	antiseptic
prescription	dressing	bandage
cast	brace	gauze
plaster	thermometer	stethoscope
IV bag	syringe	crutches

Arrange the words and phrases to make a sentence.

- | | | |
|--------------------------|-----------------------|--|
| 1. I sprained | his leg | playing football |
| 2. She got | rash | seafood |
| 3. He broke | diarrhea | if I eat shellfish |
| 4. We all got terrible | fever | after going to the swimming pool |
| 5. She gets hay | attack | I must have eaten something |
| 6. I've got a blocked up | nose | from eating too much |
| 7. He got really bad sun | to all kinds of | in a skiing accident |
| 8. You'll have a heart | burn | after eating from a dirty street stall |
| 9. She's allergic | up twice this morning | every spring |
| 10. I've thrown | a stomach ache | if you don't stop worrying |
| 11. She got an ear | infection | and a sore throat |
| 12. I get an itchy | my ankle | when he fell asleep on the beach |

1. When was the last time that you visited a doctor? Why did you go there?
2. How often do you catch a cold? When was the last time that you were sick?
3. What is the worst injury you have ever had? How about the worst illness?
Please explain.
4. Have you ever injured yourself badly? If yes, what happened?
5. Have you ever almost died? If yes, what happened?
6. Do you have any scars? If yes, where are they, and how did you get them?
Please explain.
7. Have you ever broken a bone? If yes, please explain when and how it happened.
8. Do you go to work/school when you're sick? Why or why not?
9. What is the difference between an injury and a disease?
10. How healthy are you? Please explain.

The End