

# **Lesson 2. What's on your bucket list??**

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## Learning Objectives

**After this lesson, students will be able to:**

- Define what a bucket list is.
- Explore things you can do before one kicks the bucket.
- Talk about ones dream and wishes using some common collocations.
- Use second conditional to talk about imaginary or hypothetical situations.
- Discuss idiomatic expressions related to dreams.
- Practice pronunciation of words with silent consonant letters.

## Lesson 2. What's on your bucket list?



**What's one thing you'd like to do before you die?**

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It's important to take time for things you enjoy in life—doing things you enjoy can make you feel energized and more relaxed at the same time, and help to keep burnout at bay.



Defined as a list of things to do before we die. It's a great reminder that our time is limited is actually one of the best gifts we can be given. It is one that can guide us to achieve what is most important to us before it is too late.

**Ponder this!**

**How is the idea of FOMO (fear of missing out) different from a bucket list?**



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## Do you agree or disagree? Why?

1. I want to quit my job and follow my dreams.
2. Life is boring!
3. There are many things I want to see and do before I die.
4. There are many things I want to see and do before I die, but I probably won't have the chance.
5. Dreams and life goals are very important.



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Many self-help books suggest that you should make your dreams come true. Anyone can have a perfect life (or an almost perfect life), but you need focus and hard work. Many of these books also warn about regrets. If there are too many regrets, then people are less happy and satisfied.

To be truthful, a perfect life is unreachable. For example, most people can't write a best-selling novel or get rich with a start-up business, both of which are two common dreams. Responsibilities like family, a mortgage, and work must come first. Daily life can be boring too. However, the self-help books are right about one idea: the bucket list.

A bucket list is a "to do" list before you kick the bucket. Or, in other words, a "to do" list before you die. Many people want to learn a foreign language someday, skydive, or travel to exotic locations around the world. The list should inspire you to try new, imaginative, and colorful acts. You should explore your imagination. In addition, the list can contain items that make other people's lives better. However, you don't have to live each day as though it were your last day on the planet.

So what's on your bucket list?

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## Answer the questions

1. According to the self-help books, it's easy to have a dream life.
2. According to the article, responsibilities make a dream life impossible.
3. Human nature requires every day be the same.
4. The best lists seek pleasure and fun for the writer of the list only.
5. A bucket list means to live every day as though it were your last day alive.

### Free Response

1. What are some activities you would put on your bucket list?
2. Do you think a bucket list is a good idea?
3. Do you think life is boring? If yes, does it have to be boring?
4. What kind of dreams do you have? Will any of these dreams come true? Why/not?
5. Why is it important to have dreams or goals to work towards?

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## Language for talking about plans/hopes/dreams

Positive	Negative
I've always fancied...	I have no desire to...
I'm dying/itching to try...	... doesn't appeal to me (at all)
... is a burning ambition of mine.	Whatever floats your boat.
... would be right up my street.	To each their own
... is one for the bucket list.	The idea of ... doesn't do anything for me.
A pipe dream (an unrealistic/improbable dream)	You wouldn't catch me ...ing
I would jump at the chance to...	... is not my thing.
If you offered me the chance to..., I would bite your hand off.	... is not for me.
I'd give it a go.	



# Lesson 2. What's on your bucket list?

Discuss the following using the expressions for hopes, plans and dreams.



Travel around world



Learn a new language



Achieve your ideal weight



Run a marathon



Take part in triathlon



Take up a new sport



Experience marine life up close



Go skiing



Do an extreme sport

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We use **second conditional** sentences to express improbable, hypothetical (imaginary), or impossible situations. We also call second conditional sentences unreal present conditionals or unreal future conditionals. We use the second conditional to **imagine, dream, or wish**.

Second Conditional - Basic Form	
If-clause/condition	Result/Main/Then clause
If...[past subjunctive (~simple past) verb tense] ...,	... <b>would</b> [base verb] ... .
If I won the lottery,	I <b>would buy</b> a big house.



**Subjunctive:** this mood is used for **hypothetical statements, for wishes and situations which aren't true** (or most likely never will be). Example: "I wish I were a bird." (But I'm not.) Here, we use **'were'** and not **"was"**.

**Complete the table below using second conditional.**

Condition / If Clause	Result / Main Clause
If I won the lottery	
If I were the president	
If I were famous	
If I died tomorrow	
If I could turn back time	

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Fill in the blanks with the correct word in the box.

Dream of  
Dream up

Dream away  
Hopeful

Hopelessly  
Hope for

Hope  
Hopefully

1. *I wouldn't even .....telling her that.*
2. *She just ..... her life .....*
3. *I always knew it was too much to .....*
4. *The police are ..... that they will soon find the killer.*
5. *They .....the scheme for the improvements and it was accepted by the board.*
6. *The dog looked ..... at the joint of meat.*
7. *The mother ..... stared at the police officer.*
8. *I ..... to be in London next month*

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## Idiomatic Expressions

Discuss and make your own sentence.



If you describe something that someone wants to do or happen as a **pipe dream**, you mean that it is not realistic and will probably not happen.



People say ***In your dreams!*** to say that what someone wants is never going to happen or be true.



**“Living the dream”** basically means “doing what you want to do...” or... living the type of life you want to live without any regrets.



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## Express Yourself

1. What would you do if you had unlimited time, money and resources?
2. What have you always wanted to do but have not done yet?
3. Any countries, places or locations you want to visit?
4. What are your biggest goals and dreams?
5. What do you want to see in person?
6. What achievements do you want to have?
7. What experiences do you want to have / feel?
8. Are there any special moments you want to witness?
9. What activities or skills do you want to learn or try out?
10. What are the most important things you can ever do?

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## Pronunciation Practice

### Silent B

Rule 1: B is not pronounced after M at the end of a word.

**Examples:** *limb, crumb, dumb, comb, bomb, thumb, climb, tomb*

Rule 2: B is usually not pronounced before T at the end of a root word.\*\*

**Examples:** *debt, doubt, debtor, doubtful, subtle, subtleness*

\*\*\*A root word is the original word in its root form without any prefixes or suffixes attached e.g. **doubt** is the root word in **doubtful**, and the 'ful' is a suffix. **Subtle** is the root word, and 'ness' is a suffix.

### Silent C

Rule 1: C is not pronounced in the combination SC.

**Examples:** *Muscle, scissors, ascent, miscellaneous, fascinate, scenario*

**Exceptions:** *Sclera, asclepiad, sclerosis, muscovado, sceptic*

Rule 2: C is usually redundant before the letters K or Q.

**Examples:** *Acquaintance, acknowledge, acquiesce, acquit*

### Silent D

Rule 1: D is not pronounced in the following common words:

**Handkerchief, Wednesday, sandwich, handsome**

Rule 2: D is also not pronounced in the combination DG.

**Examples:** *Pledge, dodge, grudge, hedge*

**The End**