



LESSON 20. THE WAY WE ARE

At the end of this lesson, students will be able to:

1. Define what personality and behavior are.
2. Use adjectives to talk about personalities.
3. Build a personal profile using adjectives and manner adverbs.
4. Interpret idiomatic expressions and utilize it in sentences.
5. Select good and bad habits in a dialogue through the use of always with continuous verb and at least.
6. Formulate a talk about people one admires the most using intensifiers.
7. Pronounce the vowel contrasts /æ/ and /ɑː/ correctly.



What kinds of people do you get along well with?

In a Nutshell

There is a fundamental distinction between personality and behaviour. The word “personality” has many common uses and many definitions. Behaviour refers to absolutely everything we do. Personality is how we as individuals tend to behave — and also think and feel — in ways that are broadly consistent over time, but may be quite different from how a lot of other people think, feel and behave.



Why is an understanding of the difference so important?

PERSONALITY	BEHAVIOR
what we ARE	what we DO
CANNOT CHANGE	CAN CHANGE
a stable, consistent pattern of thoughts, behaviors and emotions.	is an expression of personality in context.

Guess the meaning of each adjective. Then circle the best options to explain them. Use each in your own sentence.

- 
- A decorative watercolor splash in shades of pink, purple, and orange, with a thin red circle around the list of adjectives.
1. experience
 2. disadvantaged
 3. humble
 4. considering
 5. diverse
 6. Introverted

- a) I should have contact with / ignore my mother's culture.
- b) The children are poor / rich.
- c) I think / I don't think I am really good at things.
- d) This is something I am / am not thinking about.
- e) The students are all the same / different.
- f) I'm very outgoing / not outgoing at all.

Exploring the words: **Answer the questions below using all the adjectives on the right.**

- Think of a person you know who is _____.
- When was the last time you had to be _____?
- Which job/task requires you to be _____?
- In what situations is it desirable to be _____?
- Do you find it easy or difficult to be _____?

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Listen to the audio and complete the dialogue below.

Listening 20.1

Wellbeing For Children: Identity And Values

Who are you? What do you like to do? What makes you, **(1 word)**? Your identity, or who you are as a person, is **(3 words)** a whole range of different things. It can be made up of where you come from, your **(1 word)**, your religion, your language, what you like, your hobbies, your **(1 word)** personality, and **(2 words)**. When you have a **(2 words)** of identity and feel **(1 word)** about who you are you're more **(1 word)** to have the courage and confidence to succeed. But how **(1 word)** do you have a strong sense of identity? Every single person is **(1 word)**, which means everyone values things **(1 word)**. It's a **(2 words)** to see the world from another person's perspective, which will help you stay **(2 words)**. Here are some tips to help you recognise what you value and to feel good about your **(2 words)**. Write a list of all the things you love. This will help you **(3 words)** with your values. The answers to these might **(3 words)** about your values. Maybe you can use this list to identify what your **(2 words)** are and how they play a part of your **(1 word)** life. Get to know, and celebrate, your culture and language. Your culture and language are **(2 words)** of who you are and you should be proud of, and celebrate, them. Cultures and languages help to create the **(2 words)** that we enjoy every day, so it's **(1 word)** to share these things with others. The **(2 words)** is, don't be afraid to be you. The exciting thing about the world is that everyone is **(2 words)**. There is **(2 words)** you. Everybody has their own **(1 word)** traits and talents and this is what makes our world so **(1 word)** and interesting. Even if you feel like you have traits that are negative or **(1 word)** remember that it is just another part of how unique you are, and you shouldn't feel **(2 words)** them. So don't be afraid to be you because nobody can do it **(2 words)**, well, you!



Adjectives vs. Manner adverbs

- Adjective + noun

I'm a patient person.

He's not a good singer.

He's a fast driver.

She's a careful driver.

- Verb + manner adverb

I wait patiently in lines.

He doesn't sing very well.

He drives very fast.

She drives carefully.

- Regular *-ly* adverbs

patient patiently

careful carefully

easy easily

automatic automatically

- Irregular *-ly* adverbs

good well

late late

fast fast

hard hard

- be, feel, get, etc., + adjective

I'm patient.

His voice sounds terrible.

He gets reckless sometimes.

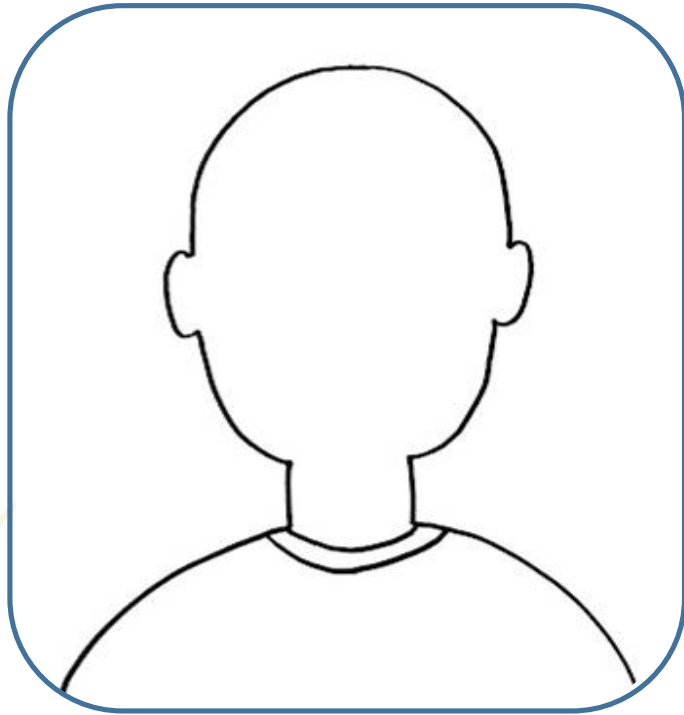
I feel safe with my parents.

Complete these opinions with the correct forms of the words given.

1. Young people talk really _____ (fast) and don't speak _____ (clear). And they use a lot of slang. It sounds _____ (terrible).
2. They don't always communicate _____ (good).
3. People aren't very _____ (patient) when they have to wait in long lines.
4. They don't speak to clerks very _____ (polite), either.
5. Sometimes families argue because parents and children see things _____ (different).
6. A lot of people _____ (automatic) answer their cell phones when they ring, even at dinner.
7. I think it's just _____ (rude).
8. People don't feel _____ (safe) on the roads because so many people are driving _____ (reckless).
9. Driving can be _____ (dangerous).
10. A lot of people try _____ (hard) to do their job _____ (careful) and _____ (thorough) and they get stressed.

Personal Profile

Fill in the blanks with the information needed. Then use the information to talk about yourself. Use the adjectives and adverbs learned.



Name: _____

Date of Birth: _____

Nationality: _____

City of Origin: _____

Personality traits: _____

How do you behave in these places?

Home : _____

School : _____

Party : _____

Someone else's home: _____

Mall: _____

Airplane/car/bus: _____

Vocabulary Exercise

Complete the puzzle.

Across:

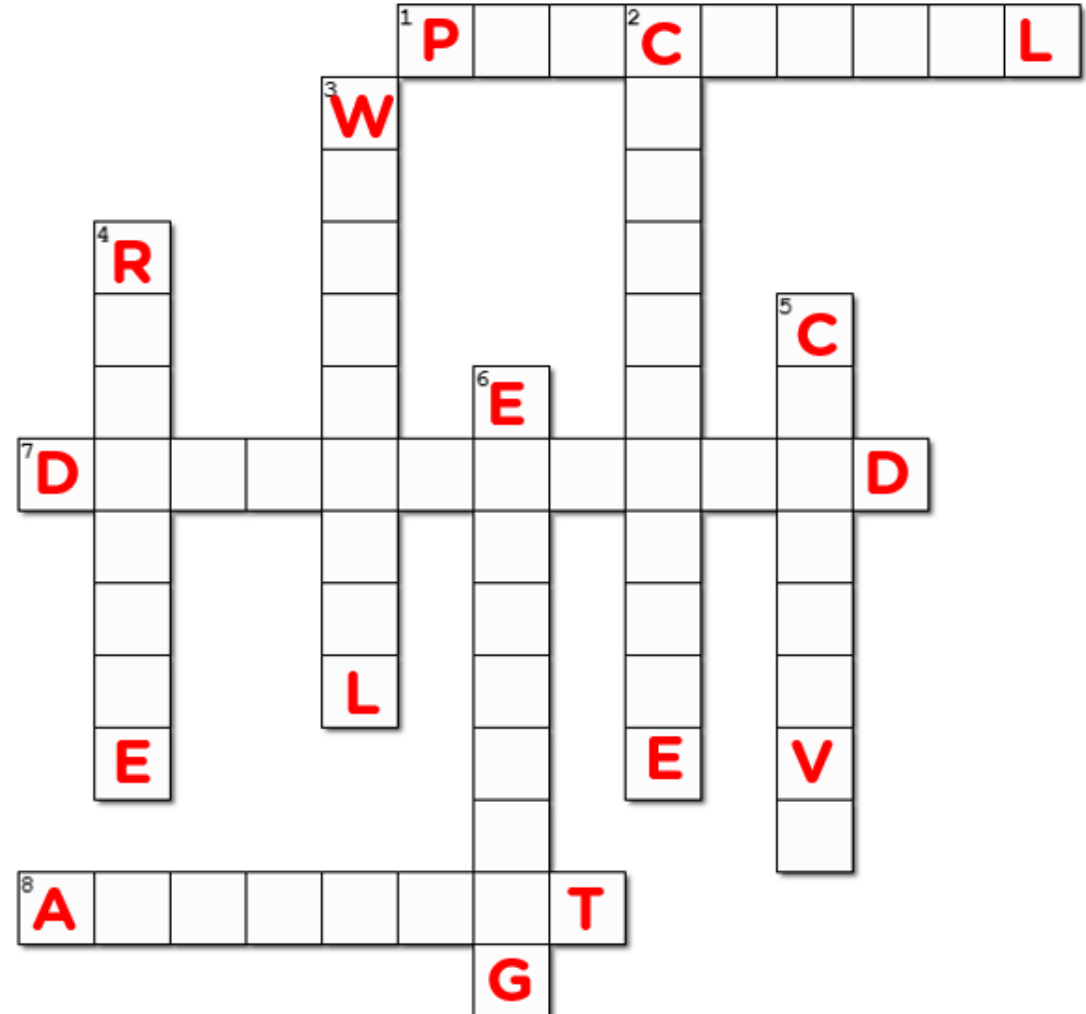
1. of or concerned with the actual doing or use of something rather than with theory and ideas.
7. functioning without adequate order, systemization, or planning
8. having or revealing an exaggerated sense of one's own importance or abilities.

Down:

2. wanting very much to win or be more successful than other people
3. inspiring delight, pleasure, or admiration; extremely good; marvelous.
4. consistently good in quality or performance; able to be trusted.
5. relating to or involving the imagination or original ideas, especially in the production of an artistic work
6. relaxed and tolerant in approach or manner.



Use the words in your own sentence.



Reading Exercise

“My English teacher is **incredibly talented** and **creative**. And she has a **great sense of humor**. She’s **pretty disorganized**, though. She forgets something almost every class, but her classes are **absolutely wonderful!**”



Jessica

I think my dad is a **pretty cool** guy. We get along very well. He’s **fairly easygoing** and **laid-back**. And he’s **very practical** and **down-to-earth**, so he always gives me good advice. Also, he’s **completely honest** with me. I can trust what he says.



Bryan

My friend Luisa is **so helpful** and **generous**. I mean she’s always doing things for other people. She’s not **selfish** at all. And she’s **totally reliable**. If she says she’ll help you with something, she does. You can always count on her.



Emilia

I really admire a guy in my karate class. He’s **extremely competitive**, but when he wins, he’s not **arrogant** like some of other guys. He’s not **very outgoing**, so some people think he’s **unfriendly**, but I think he’s **basically just shy**.



Mike

Choose the correct answer.

1. What is the main focus of this reading?

- A. Individuals they admire
- B. Individuals they resent
- C. How to make friends
- D. How to keep a good relationship

2. What kind of traits were mentioned in the texts?

- A. Positive traits only
- B. Negative traits only
- C. Both Positive and Negative traits

3. Which of the following is a positive trait?

- A. disorganized
- B. down-to-earth
- C. selfish
- D. arrogant

4. Which of the following is NOT true, according to the reading?

- A. Bryan thinks his dad is cool.
- B. Emilia's friend is totally reliable.
- C. Jessica's English teacher is has a sharp memory.
- D. Mike's friend isn't outgoing

5. Which word is closest in meaning to the word "laid-back" in this reading?

- A. hurried
- B. private
- C. relaxed
- D. tensed



Choose the correct word for each definition.

1. someone who is absent from school or work without a good reason
2. somebody who has got a strong personality or who is quite smart.
3. a person who complains a lot about insignificant things.
4. someone who is not able to keep a secret
5. someone who is more exciting or interesting than other people

Complete each sentence with the best word.

1. Katie is such a _____, she can make any project a success.
2. He didn't bother to turn up for work on Monday, he is a _____.
3. All who knew him would agree that his personality was _____, he was a joy to be around.
4. Oh, stop being a _____! Just concentrate on your homework.
5. Never tell her a secret, she's got a really _____.

Moaning Minnie

Larger than life

Big mouth

Skiver

Smart cookie

Read the dialogue and point out the good and annoying habits mentioned.

Max: Hey, how are you getting along with our new classmate? He seems extremely friendly. He's always smiling.

Ellie: You mean Jim? Well, yeah, he is, but he never does his homework. He's always disturbing people. It absolutely drives me crazy. You know, he's always standing around and talking.

Max: Well, at least he's incredibly pleasant.

Ellie: Yeah. And he's not always criticizing people like that last guy.

Max: Yeah. He was pretty bad. He was always talking about people behind their backs.

Ellie: I mean, at least Jim's not like that. But like, he's always wasting time.

Vocabulary Spotlight

at least

- We use at least to point out the positive side of the situation.





Intensifiers: Adverbs before adjectives and adverbs

- Use incredibly, extremely, very, really and so to make some adjectives and adverbs stronger.

incredibly talented

really cool

extremely generous

very well

- Use pretty and fairly to mean “more than a little”

pretty easygoing

fairly laid-back

- Use absolutely or really (but not very) with adjectives that are already strong.

absoloutely wonderful

really fantastic

- The expression at all makes negatives stronger.

not selfish **at all**

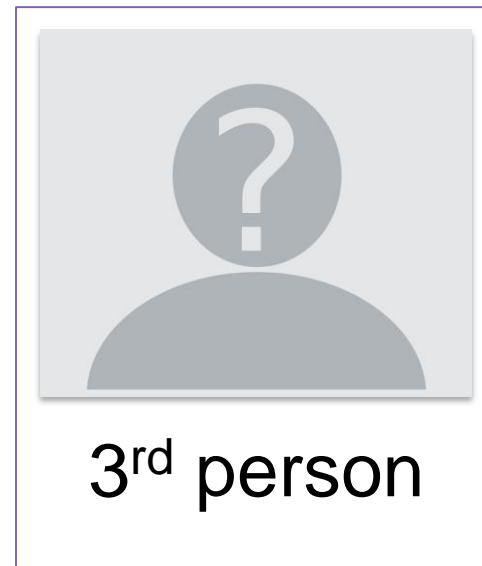
- Completely and totally mean 100%.

completely honest

totally reliable

People Admire the Most

Talk about the 4 people you admire the most. Use the adverbs learned on the previous page.



Answer the following questions while spontaneously talking about the people you admire.

- Who is s/he?
- How did you know him/her?
- What makes him/her admirable?
- What are some of his/her negative traits?
- What do you have in common?
- How are you different?

Listen to five people talk about themselves. Match the people and the things they will probably say next.

Listening 20.2

Things you don't know about me

Name	Something you don't know about me
1. Anna	_____ I can play two instruments well.
2. Kevin	_____ I'm a pretty good cook.
3. Jen	_____ I'm a fairly good singer.
4. Patrick	_____ I'm extremely allergic to nuts.
5. Tom	_____ I speak two languages fluently.

What things do people not know about you? Give a hint.

Vowel Contrast: /æ/ vs. /ɑ:/' data-bbox="35 158 373 210"/>

The main distinction between these two sounds is that /æ/ is shorter than /ɑ:/, but the mouth position is also different – the reason that doctors say “Say ah” is that /ɑ:/ uses a wide open mouth.

STEP 1 Listening

- I can't drive a car without a map.
- I can't stand cats.
- After class we can go to the park.
- I'm glad your aunt is better now.

Repeat after each sentence.

STEP 2

Now read the tongue twister. Make sure to pronounce the sounds correctly.

Sal's pal packed flapjacks and slapped the cat that sat on the hat in the back of the sack of black mats by the flat pan stand with a flashy brand beside the bags of sand and clay near the flag and stag that wore pants and stands on its hands and brags to the man that crashed his van that ran out of gas as his cans went kazam!

The End