

A Day Out



A Day Out

Warm Up



What's your definition of a day out well spent?

Introduction

It seems like forever since you've had a day off, a *real* day off, free from homework or meetings or stress. You're feeling seriously vitamin-D-deficient because you haven't felt the sun on your face in what seems like forever.



Your feet get itchy to *move* and you find it harder and harder to focus on the task at hand. Your need to get away is manifesting itself physically, and when that happens there's only one thing to do. Stop.

- When is your day off?
- Is day off necessary? Explain.

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What do you enjoy?

Choose the best place for them to go on a day out.

"I enjoy dancing, cooking and fashion. I also like watching drama on TV and sometimes draws pictures in my notebook. I don't really like going for walks or playing sport."



"I like to read a lot about history. I like to visit cities and see interesting places, and I will usually buy souvenirs. But I don't enjoy computer games or watching movies."

'I like working out and doing exciting things, however I'm not very interested in swimming. I really enjoy any type of game though.'



"When I was young I went swimming all the time. I still do it today. I'm always happy when I am in the water. I don't really enjoy looking at pictures or old things."



Tell your teacher about what do you enjoy.

A Day Out

What's On?

Look at the adverts for things to do when going out and do the exercises.

A **Inline skating marathon**
30 km on wheels
@ Bradgate Park, Sun 29 July
Starts 10 a.m.
Register at
www.inlineskatemarathonjuly.com

B **sci-fi festival**
Sat 28 July
12 p.m. - 12 a.m. at the
Phoenix Arts Centre
Admission
£15 children & seniors
£20 adults

C **Oliver!**
The musical
At The Curve Theatre,
Rutland Street
Tues 31 July - Sun 12 Aug
Tickets available at The Curve
Theatre ticket office.

D **RUGBY**
Leicester Tigers
v
Nottingham Giants
Pre-league friendly match
Sat 25 August
Kick-off at 3:00 p.m.
City Stadium

E **NEW multi-screen
cinema**
Opens Sat 28 July
12 screens with digital sound
and 3D projection systems
Cine Paradise, Victory Square,
Nottingham, NT1 3BR
For full listings check
www.cineparadise-notts.co.uk

F **Medieval market**
Shepton town square
Thurs - Sun
10 a.m. - 11 p.m.
Traditional crafts, food,
sports and games

Check your understanding

Read the questions and write the correct advert (A–F)

1. In which advert can you see actors and actresses performing on stage?
2. In which advert must you register online first?
3. In which advert does the event finish at midnight?
4. In which advert do you need a special kind of shoes?
5. In which advert do people over the age of 65 pay less to enter?

True or False

1. The musical performance of Oliver! starts in August.
2. The medieval market in Shepton town square is closed on Sunday.
3. The rugby match starts at 3:00 p.m.
4. You have to register for the inline skating marathon online.
5. The sci-fi festival runs for one day

A Day Out

How was it?

Adjectives to describe your experience.

Match Column A with Column B.

1. *dizzy*
2. *disappointed*
3. *starving*
4. *bored*
5. *boring*
6. *disgusted*
7. *exciting*
8. *excited*
9. *fantastic*
10. *dangerous*

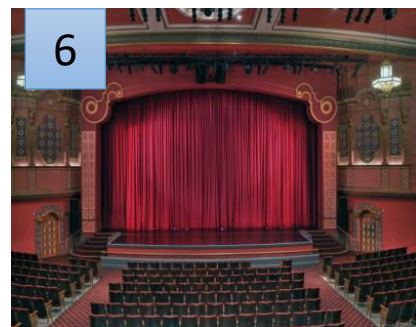
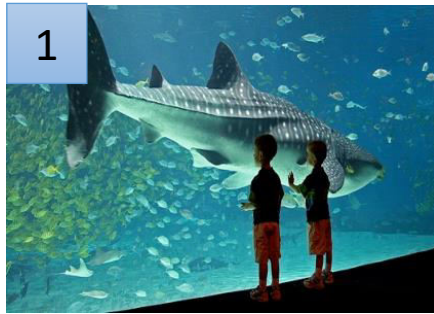
- A. extraordinarily good or attractive.
- B. causing great enthusiasm and eagerness.
- C. very enthusiastic and eager.
- D. to feel revulsion or profound disapproval.
- E. sad or displeased because someone or something has failed to fulfill one's hopes or expectations.
- F. able or likely to cause harm or injury.
- G. feeling weary because one is unoccupied or lacks interest in one's current activity.
- H. not interesting; tedious.
- I. suffer severely from hunger.
- J. having or involving a sensation of spinning around and losing one's balance.

A Day Out

Vocabulary Building

Match the words with the pictures.

Share your experiences in these places with your teacher. Use the adjectives that you learned.



a bowling alley
a theme park

a castle
an aqua park

a museum
an aquarium

a theatre
an art gallery

Reading Exercise



A Family Road Trip

The Cruz family is preparing for their annual camping trip. It's a family tradition. They've been doing it ever since their oldest child was five years old. The Cruz's children are now 11, 9 and 6. Over the years, their parents have learned a lot about traveling with children. Mom and Dad believe that organization is a critical piece to having a good trip. A week before the trip, they make a list of all the items that are needed. As soon as an item is packed into the car, it is **crossed off** the list. With a little help from Mom and Dad, the Cruz children make their own lists and pack their own **belongings**. Each child must have at least two books, a favorite CD, a tablet, and a pencil, pen, crayons, or markers.

Reading, music, and games make the miles go much faster. The Cruz's have 15 minutes of **silent reading** in the car every hour. After reading time is finished, all the readers receive a small snack surprise from Mom. The tablet and writing tools help pass the time too. The 6 year old likes to write all the letters of the alphabet, both upper and lower case. They all like to create colorful drawings and pictures. Music and games are a fun part of car travel. The Cruz's often sing along with their CDs. They also play car games like searching for different animals or license plates. The Cruz family has learned how to make travel fun for the whole family. They always look forward to their trip.

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Reading Comprehension

Answer the questions to check comprehension.

1. What is a road trip?
2. What does the word **prepare** mean?
3. How do the Cruz's prepare for their trip?
4. How often do they take a camping trip?
5. Give a word with the same meaning as **crossed off**.
6. Explain silent reading. Do you often do this?
7. What does each child need to pack? Why?
8. Give some examples of **belongings**.
9. What kind of surprise does mom bring?
When is it revealed?
8. The trip was called a tradition. Why?



Have you ever had a road trip?

A Day Out

A Typical Day

1. Do you do the same things everyday?

2. Match the verbs to the nouns to form phrases.

- | | |
|-------------|-------------------------|
| a. Attend | 1. at the gym |
| b. Browse | 2. at the office |
| c. Hang out | 3. classes |
| d. Go | 4. for a stroll |
| e. Work out | 5. the dog |
| f. Show up | 6. the kids from school |
| g. Pick up | 7. the net |
| h. Walk | 8. with friends |

3. Which activities are part of your day?

4. Look at the adjectives below. Which word describes enjoyable and unenjoyable activity?

Relaxing	tedious	inconvenient	pleasant	exhausting
Energizing	satisfying	routine	monotonous	hard

Vocabulary Building

Verbs - Day Out

Complete the sentences with a verb in the past simple.

buy	climb	go	look
see	swim	watch	win

1. Marco _____ the sharks swim close to him at the aquarium.
2. Emily _____ on the big wheel at the theme park even though she is scared of heights.
3. Beatrice and Samantha _____ a very long play at the theatre.
4. Sergei _____ the bowling competition again. It`s the second time this month!
5. Patricia _____ at paintings in the art gallery but she only liked a few of them.
6. Graham _____ 128 steps when he went up the tower at the castle.
7. Karolina _____ a lot of postcards at the museum shop to send to her friends.
8. Xander _____ at the aqua park put he didn't go on any of the slides.

A Day Out

Take a Day off

Here are some signs you need to take a day off.

AGREE or DISAGREE

Signs	Agree	Disagree
1. You consider quitting on the spot at least once a day.		
2. You snap at your co-worker when he asks to borrow a Post-it.		
3. You have nightly work nightmares.		
4. You've emailed the wrong John—not once, not twice, but three times in a week.		
5. You cancel all social plans on account of being exhausted.		
6. You accidentally laugh when your boss asks you to do something.		
7. You're up to eight cups of coffee a day and still can't focus.		
8. You pick fights with your partner every morning, then again at night.		
9. You missed a big deadline.		
10. You've stopped working out.		

A Day Out

Role Playing

Complete the dialogue and practice.

Visitor: Good morning.

Assistant: Good morning. How may I help you?

V: We would like to see the wildlife photography exhibition. _____?

A: It's \$7.50 for adults, but _____.

V: OK, great. _____.

A: There is also _____ on the second floor, would you like tickets for that too?

V: Hmm, what's in that exhibition?

A: Some very rare _____ from the 18th century.

V: Er, no that's okay thank you, just the tickets for the photography exhibition please.

A: That will be \$15 please. Would you like to pay with cash or card?

V: Cash. Here you are.

A: Thank you. Here are your tickets, and _____. Would you like a map of the gallery?

V: Yes please. Is it free to get into the rest of the gallery?

A: Yes, it is. It's just the _____ you have to pay for. Please leave your coats and any big bags in the cloakroom. It's just before you go up the stairs on the right.

V: OK, thanks. And the toilets?

A: They are _____. Enjoy your visit.

V: Thank you. Bye.

a new exhibition	opposite the cafe	pay with cash or card	special exhibitions
Two adults please	Japanese paintings	your receipt	children get in free

A Day Out

Planning your trip

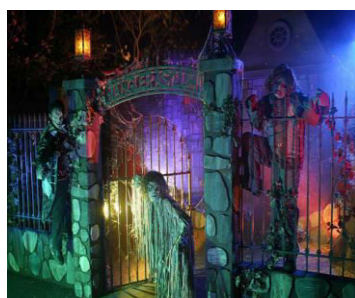
Complete the table.

Place	What can you do?	What to bring?
<i>A bowling alley</i>	<i>Play bowling Take pictures</i>	<i>Water Bottle Towel Camera Etc.</i>
<i>Theme park</i>		
<i>Museum</i>		
<i>Theatre</i>		
<i>Aqua Park</i>		
<i>Aquarium</i>		
<i>Art Gallery</i>		
<i>Castle</i>		
<i>Others.</i>		

A Day Out

Vocabulary Building

Match the pictures with the words in the box. Tell which ones you have tried.



1. Ferris wheel
2. Ticket booth
3. Inflatable castle
4. Horror house
5. Roller coaster
6. Snack bar
7. Carousel
8. Bumper cars
9. Slides

A Day Out

Idiomatic Expressions

What do you think they mean? Try to use them in your own sentence.



*After a week of exams, the students needed to go and **chill out**.*



*As he drove along the coast, he **feasted his eyes** on the beautiful scenery.*



*Of course I'll be there at the fun fair- **with bells on!***

Speaking Drill

1. Is it better to stay at home on day offs or go somewhere?
2. What is your experience of amusement parks?
3. Why do people like amusement parks?
4. How would you feel if there weren't any day offs?
5. What did you do last weekend?
6. What are the pros and cons of spending day offs with your family, with your friends, or alone?
7. Do people's leisure time activities change as they get older? How?
8. What do you really hate having to do in your free time?
9. Who do you like to spend your leisure time with? What do you usually do?
10. If you had more free time, what would you do with it?

Pronunciation Drills

Tongue Twisters

*Frivolously fanciful Fannie fried fresh fish
furiously.*

*To begin to toboggan first buy a toboggan,
but don't buy too big a toboggan. Too big a
toboggan is too big a toboggan to buy to
begin to toboggan.*

*He thrusts his fists against the posts and
still insists he sees the ghosts.*

*Excited executioner exercising his excising
powers excessively.*



Nutrition and Fitness

Pronunciation Drills

Minimal Pairs

Fawn	Dawn
Fence	Dense
Fan	Dan
Feel	Deal
Foggy	Doggy
Fizzy	Dizzy
Such	Touch

Puss	Put
Case	Kate
Piece	Pete
Niece	Neat
Yes	Yet
Grace	Great
Jess	Jed

The End