



LESSON 23. LET'S COOK

Match the picture and the food name



Fried Chicken

Grilled Fish

Roasted Chicken

Boiled Eggs

Which one do you like? Do you know how to prepare it?



Georgia Eris is the winner of MasterChef Junior Australia 2020. She is eleven years old and she got her passion for cooking from her grandma. She learned to cook Sri Lankan food from her.



At the final round, she made a dessert which she called “Tropical Mess”. It was a toasted coconut ice cream slice with a brown bread crumb.

What do you think of her dish? What makes the dish special?
If you are competing in the same competition, what kind of dish will you make?

My dad loves chocolate! But he wants a perfect chocolate. Three years ago he thought, I **must** make my own chocolate! He wanted to make his own chocolate from the bean so he could make the best chocolate. He bought a cocoa bean farm in Venezuela because cocoa only grows in hot and rainy places. Now, he owns a chocolate factory.

We **need** to be careful when we harvest the beans from the tree. Then as the beans began to dry, they go in a machine which cleans them. The beans are then roasted for forty five minutes to get the delicious chocolate flavor. You **must not** leave the beans for too long or they will burn. A special machine then grinds the bean and presses them to make chocolate liquid.

To make it into a chocolate bar, you stir in some milk and sugar. If you add lots of milk, you get white chocolate, but if you want dark chocolate then you don't need to add very much. Then you leave it to go hard for several hours. My dad makes very good chocolate that he sells to shops in London. At home we usually have chocolate ice cream and cakes and chocolate to drink.

My dad tries to make new types of chocolate. Sometimes we help him, but we **mustn't** eat too much chocolate or he gets angry! Among his creations are chocolate sauce that goes well with meat, chocolate and tomato soup, and even chocolate with rice!

Based on the text you have read, which statements are true?

1. Her dad bought a chocolate factory in Mexico. (T/F)
2. Chocolate can grow well anywhere. (T/F)
3. They roast the chocolate beans for an hour. (T/F)
4. They use special machine to cuts chocolate into small pieces. (T/F)
5. More milk and sugar in chocolate mixture will gives you white chocolate.. (T/F)
6. Her dad sells chocolate in New York. (T/F)
7. Her father allows her to eat a lot of chocolate.(T/F)
8. Her father only makes chocolate bar. (T/F)

Match the words in the box with its description. Use the clue to help.

1. To cook something slowly inside the oven. (roast)
2. To cook something quickly in oil on top of the oven. (G____)
3. To cut something into more than one pieces with a knife. (C____)
4. To cook something under heat. (F__)
5. To cook something until it turns black. (B__n)
6. To cook something in hot water. (B__l)
7. To move something around with a spoon. (S__r)
8. To cut something into thin pieces. (S____e).



Boil
Burn
Chop
Fry
Grill
~~Roast~~
Slice
Stir

WORDZUM

Sometimes we can **change verbs** into **adjectives** by adding **-ed** or **-ied**.

cook – cooked

fry – fried

→ Vocabulary File, page 134



Match A to B!

A (verb)

B (adjective)

Boil
Burn
Chop
Fry
Grill
Roast
Slice
Stir

Stirred
Sliced
Chopped
Grilled
Fried
Burned
Boiled
Roasted

The butcher **slice** the beef = It's a **sliced** beef

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Fill in the blanks with the right **adjective**

1. My mom boils an egg = It's a _____ egg.
2. The chef roasts a turkey = It's a _____ turkey.
3. I accidentally burn our fish = It's a _____ fish.
4. We fry the fish = It's a _____ fish.
5. The chef grills the chicken = It's a _____ chicken.

Should and Shouldn't

Healthy and Unhealthy Food



Name 6 healthy and 6 unhealthy food.

1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.

We use “should” to give good advices. Fill in the blank with the food in previous activity.

1. You should eat more salad.
2. You should eat more sandwich.
3. You should eat more _____
4. You should eat more _____
5. You should eat more _____
6. You should eat more _____

We use “don’t” to tell someone that something is not good. Fill in the blank with the food in previous activity.

1. Don't eat Hamburger too often.
2. Don't eat friend chicken too often.
3. Don't eat _____ too often.
4. Don't eat _____ too often.
5. Don't eat _____ too often.
6. Don't eat _____ too often.

Grammar Exercise

A. Your parents asked you to go to the grocery and give you this shopping list. Complete the table with the things you need to buy (not crossed) and don't need to buy (crossed)



Need to	Don't need to
Milk	Flour

B. Complete the sentence with “need to” and “don't need to” based on the table.

1. I _____ buy some milk.
2. I _____ buy any sugar.
3. I _____ buy any chocolate.
4. I _____ buy some eggs.
5. I _____ buy any flour.
6. I _____ some butter.

Welcome to the Chocolate Park!

The park has lots of rides and things you can do.
Read these rules first!

- 1 Get your ticket before you go on a ride.
- 2 Listen to what the guide tells you.
- 3 Don't eat chocolate on a ride.
- 4 Don't put your hands outside the seat.
- 5 It is important to bring some dry clothes because you may get wet.
- 6 Don't worry about a hat, we will give you a special one to wear.



Put checklist (✓) or cross based on the poster (X)

1. Get your ticket.
2. Listen to guide.
3. Eat chocolate.
4. Put your hands outside.
5. Bring dry clothes.
6. Bring hat.

✓ in the list means something you need to do.
For rules we use “must or need to”
For tips we use “should”

X in the list means something you not allowed to do or it's okay if you don't do.
We use “don't or mustn't” for things that are not allowed.
We use “don't need to” for things that if we don't do.

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Look at the rules for Chocolate Park. Write sentence with *must*, *mustn't*, *need to* and *don't need to*.

Theme Park Rules

1

2

3

4

5

6

Write and share rules at your home



A large rectangular area with a blue header bar at the top and a light blue gradient background below, intended for writing rules.

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The End