



LESSON 24. MY EMOTIONS

Learning Objectives

After this lesson, students will be able to:

- Define what emotion means.
- Explore the emotions of a young female student through her consultation letter.
- Select relevant information.
- Identify ten different emotions.
- Relate certain instances/events with the possible emotions they might cause.
- Apply several practical expressions related to asking and expressing emotions in daily life.
- Employ the conjunction “because” to state the reasons behind their various emotions.
- Distinguish the pronunciation of certain emotions in four different forms.
- Discuss questions related to their emotions in daily life.
- Practice pronouncing the // sound in a tongue twister activity.

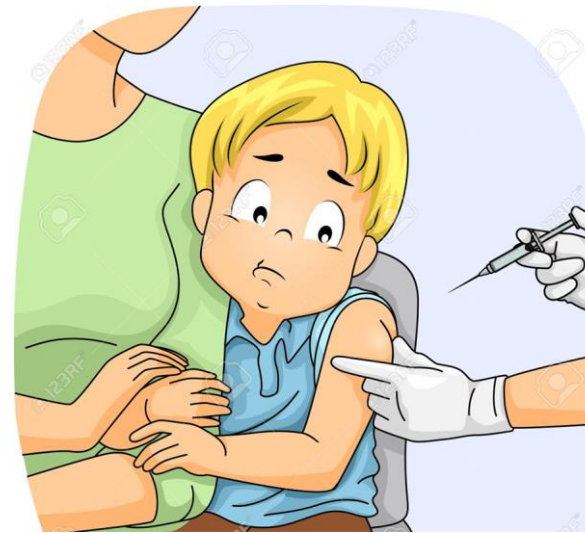
How do you think these people below feel?
How do they look to you?



Jamie



Mother & Anna

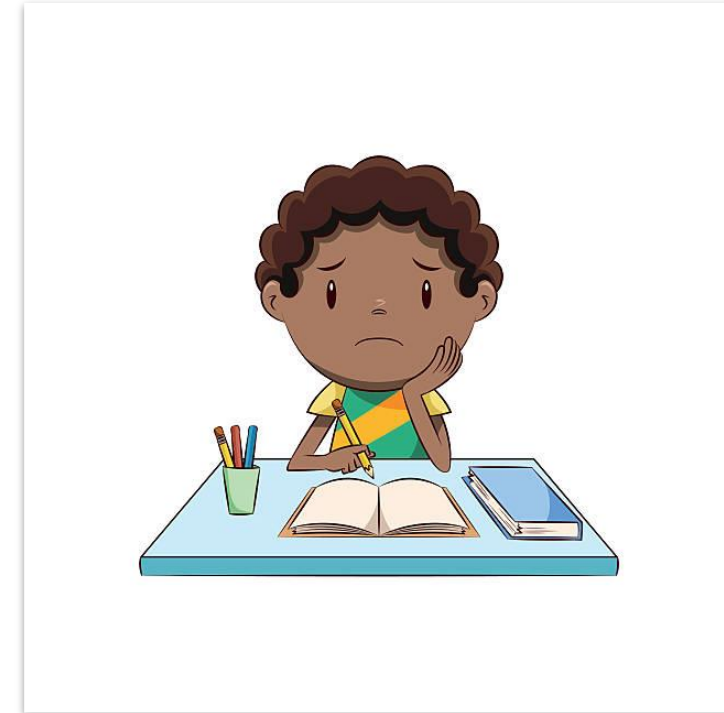


John



Barry & Father

Emotions are also called feelings – for example like being happy or mad or scared. We feel them because of what we see, hear, remember, and do. So whether you're sad and blue or happy and excited, you can share your feelings with other people by talking about them. Be glad you can have so many different emotions because without them every day would feel the same.



Why do you think the boy makes that expression?
How do you feel whenever it's time for you to learn English?

Consultation with Mrs. Wise

Jakarta, 16th February 2021

Dear Mrs. Wise,

The other day, I got my exam results and I was **overjoyed** to find out that I **passed with flying colours**. But when I rang my friend to ask her to go out to an ice cream shop to celebrate, I found out that she had done really badly. She's **really upset** and doesn't want to go out. It's **really awkward** because I did so well and **I'm disappointed** we can't go to the ice cream shop and **paint the town red**.

What should I do to make her feel better?

Karen





1. Who sent the letter?
2. Who receives the letter?
3. When was the letter sent?
4. Where did the sender write and send the letter from?
5. What problem is the writer of the letter having?
6. What did the writer of the letter initially plan to do with her friend?
7. How is the letter writer now feeling?
8. How is the letter writer's friend now feeling? What made her feel that way?
9. How many emotions/feelings are written in the entire letter? Mention them.
10. Find phrases in the letter with the following meanings:
 - a. did very well in a test
 - b. go out to celebrate

Free Response

- a. Pretend that you are Mrs. Wise. What advice would you give the writer of the letter?
- b. Do you think the letter writer's friend is selfish for not wanting to go out to an ice cream shop? Why?
- c. How do school tests/exams generally make you feel. Why?

The Noun of My Emotions

Identify each emotion and complete the missing letters



1

A__E R



2

CON___ION



3

DEPR___ION



4

DISG___



5

ENT___IASM



6

FE__



7

J__



8

NER___NESS



9

SUR___E



10

S_DN___

Match the beginnings and the endings of these adjectives

embarr-	delig-	worr-	-yed	-used	-vous
up-	disapp-	jeal-	-ointed	-assed	-ous
over-	ner-	exci-	-ious	-joyed	-set
conf-	fur-	anno-	-hted	-ied	-ted

How would you feel in these situations?
Choose an adjective to describe how you feel from the table on the left.

- You wear your T-shirt inside out.
- You lose your favorite toy/item.
- A friend breaks a promise.
- You get a lot of money from your parents.
- A friend can't come to your party.
- Your friend moves to another country.
- You don't understand some grammar.
- You are going on holiday soon.
- You will sing in front of your entire class.
- Your best friend has a new best friend.

Expressing Feelings

Sometimes you will need to express an emotion such as joy or sorrow to the person you're talking to. Here are a few different ways of expressing feelings in English.

Asking about feelings

To ask about feelings you can use the following questions:

- You look sad/upset/.... Are you OK?
- You seem a little bit distracted. Are you alright?
- You seem kind of low today. What's wrong?
- You seem a little blue today. What's the matter?
- How are you feeling today?
- Is everything OK/alright/....?

Expressing feelings

To respond to a question about feelings you can use the following expressions:

- I feel a little sad/happy/angry/....
- I am a little sad/happy/angry/....
- To be honest, I'm a little bit sad/happy/angry/....
- It's been a difficult day.
- The thing is that, I am angry/sad/...
- I am mad at him/her..

Completing a Dialogue

Pay attention to this following incomplete dialogue

Complete the dialogue using the useful expressions you have learnt on the previous slide.
Use the provided picture as a clue.

Randy : Hi Ashley. _____ ?

Ashley : I _____.

Randy : Why _____ ?

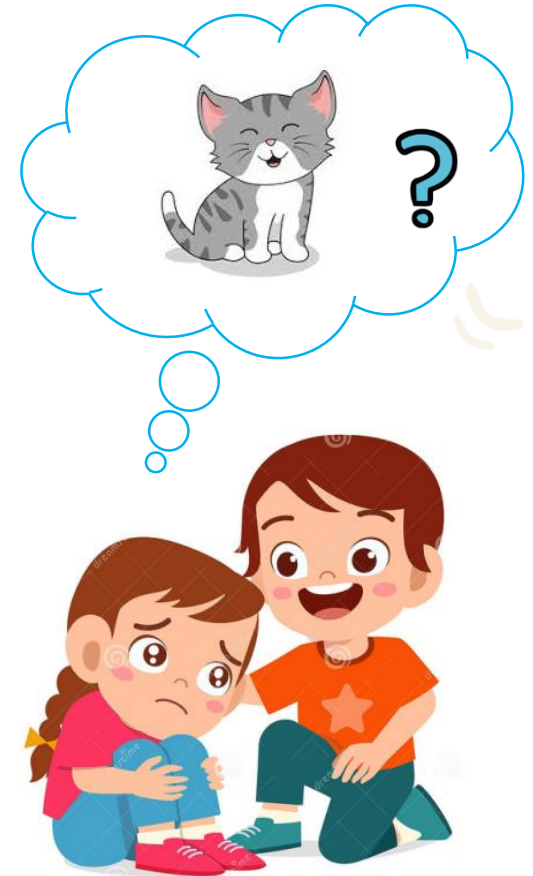
Ashley : My cat is _____. I have tried looking for my
pet cat everywhere in my house, but I really can't find her.

Randy : That is so _____. _____ ?

Ashley : My cat's name is Kittie. She's such a cute cat. I
_____ her so much.

Randy : Please don't be _____ anymore, Ashley. I will help you find
her. Let's start from around the house.

Ashley : Really? You want to help me? That's very _____ of you. Thank _____.



Use of Because

The word “*because*” is a *conjunction*. *Conjunction* is a word that we use to link other words/sentences together.

Why do we need the word “because”?

With “because” our sentences will be better.

For example:

- I like drawing. Drawing makes me happy.
- I don't like watching horror movies. Horror movies scare me.
- I like drawing *because* it makes me happy.
- I don't like watching horror movies *because* they scare me.

With “because”

When do we use the word “because”?

We use the word “because” when we need to explain the reason behind something/why someone does things.

For example:

I like drawing

the action/activity
that we do

because

the conjunction we
use to combine
two sentences

it makes me happy.

the reason of the
action/activity
or why we do it

How Are They Feeling?

Pay attention to the provided clues below. Then, make a guess on what their emotion is using the conjunction "*because*". An example is provided.

Example:



toy snake

surprised

The boy is **surprised** *because* there is a pop-up **toy snake** in the box

1

fall

sad

2

win prize

glad

3

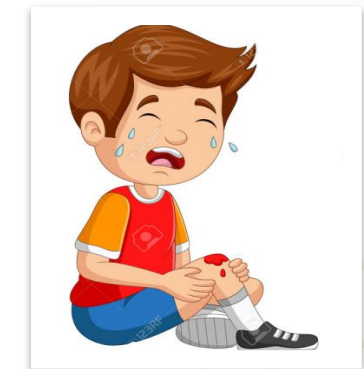
chased by a dog

scared

4

brother takes favorite toy

angry



Why.....? Because.....

Pair the sentences in **table A** with the correct picture in the middle along with the reason of their emotion in **table B**.

TABLE A

- a. Why does Simon look **worried**?
- b. Why do the three children look **amused**?
- c. Why does Rose look **proud**?
- d. Why is Jared **happy**?
- e. Why does Sonya look **jealous**?



Jared



Simon



Sonya

Andrew



Rose



Amie

Albert

TABLE B

Unscramble the words below so they form correct sentences

1. his - new – bicycle – because - is
2. she – because – award – an - gets
3. vase – he – his mom’s – because - breaks
4. because – she – jealous – is – her – of – brother
5. they – laughing – because – are – at a funny - joke

Listen and Check

Closely pay attention to what your teacher is pronouncing. Then, decide what the pronounced word is.

	VERB	NOUN	ADJECTIVE	ADJECTIVE
	Excite	Excitement	Exciting	Excited
	Annoy	Annoyance	Annoying	Annoyed
	Worry	Worry	Worrying	Worried
	Surprise	Surprise	Surprising	Surprised
	Amuse	Amusement	Amusing	Amused

Express Yourself

1. How do you generally feel today? Why?
2. What do you usually do whenever you feel **happy**? How do you express your **happiness**?
3. What do you usually do whenever you feel **sad**? How do you express your **sadness**?
4. What do you usually do whenever you feel **angry**? How do you express your **anger**?
5. When was the happiest you've ever been? Why?
6. Name five things that can always make you happy.
7. When was the laziest you've ever been? Why?
8. When was the last time you cried? Explain why you were crying.
9. How do you feel about not being able to go to school/about having to do online schooling due to the COVID-19 pandemic? Why?
10. Describe how you feel when you first learnt about the COVID-19 outbreak. What did you first think about it and how did the outbreak make you feel when you first knew of it?

Tongue Twister

How well can you say this following sentence?



I wish to wish the wish you wish to wish, but if you wish the wish the witch wishes, I won't wish the wish you wish to wish.

The End