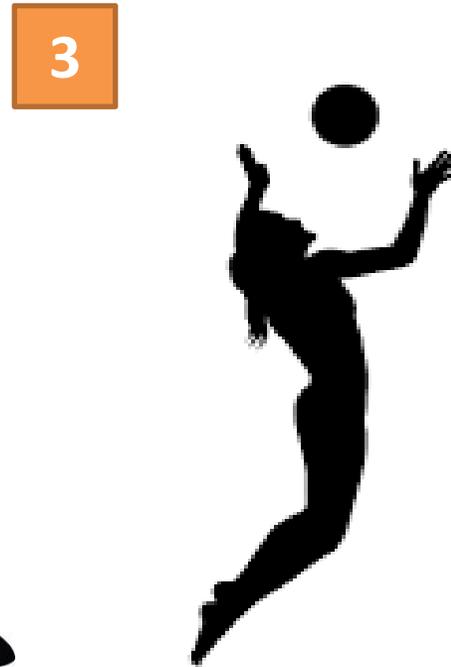




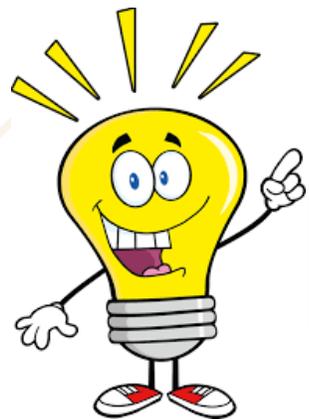
LESSON 30. THE HISTORY OF GOLF

What sport are they playing?



What is **Ball Games**?

Also called as *Ball Sports*,
*are any form of game or
sport which feature a ball
as part of play.*



What ball sports do you know?

Vocabulary Exercise

Identify the following ball sports.



1



2



3



4



5



6



7



8

What other ball sports do you know?

Ball Sports Verbs

Match the word with its meaning.

1. *to move forward by bouncing, tapping, or kicking*
2. *move the ball with your feet*
3. *take the ball with your hands when someone passes to you*
4. *push the ball into the air with your hands*
5. *make the ball hit the ground and come up in the air again*
6. *to kick or throw a ball towards the place where you can get a point*
7. *use your head to hit the ball*
8. *make contact with the ball*
9. *transfer of the ball from one player to another of the same team*
10. *begin play*
11. *try to take the ball from another player*
12. *hit the ball back*

- A. **throw**
- B. **catch**
- C. **shoot**
- D. **head**
- E. **kick**
- F. **serve**
- G. **pass**
- H. **return**
- I. **dribble**
- J. **bounce**
- K. **hit**
- L. **tackle**

What do you with the ball? ✨



Match the sports with their corresponding action verbs. Each word can be used more than once.

basketball	volleyball	baseball	soccer	American football	badminton	tennis	bowling	golf	**others

throw	pass	kick	tackle	shoot	bounce
catch	return	serve	head	hit	*others

Word Practice



Choose the correct word for each definition.

1. to make someone or something move forward
2. too full of people or things
3. someone whose is to take care of sheep
4. to make a line on the outside part of something

Complete each sentence with the best word.

1. I can't walk _____ because I'm too tired.
2. My grandpa uses a/an _____ when he climbs mountains.
3. I spent the whole week on the beach. It was so _____.
4. In 1940, the first TV was _____ in the US.
5. There is already some snow on the _____ of the mountain.

shepherd
crowded
push
scratch
leather

swing
further
stick
upper
introduce
relaxing

THE HISTORY OF GOLF



Golf has been played for hundreds of years but no one is sure who invented it. Most people believe it was started in Scotland in the 12th century. Back then, shepherds often became bored while watching their sheep. So they invented a game; they pushed stones into rabbit stones with sticks. Even the King of Scotland started playing it! In the 17th century, golf was introduced to other countries such as France, Germany and England.

Nowadays, there are golf courses all around the world. (a) And 56 million people enjoy playing it. (b) Firstly, golfers can enjoy natural beauty and fresh air. (c) Secondly, it is A . Generally, golf courses are pretty long, golfers need to walk a lot. The swing also makes a golfer's upper body strong.

Comprehension Check

1. Why does the writer mention the King of Scotland?

- a. to show how popular golf was.
- b. to give an example of a famous golfer
- c. to explain that golf was a game for the rich
- d. to introduce how golf came to Scotland

2. What is NOT TRUE about golf in the past?

- a. it is not clear who invented it
- b. stones and stick were used to play it
- c. at first it was a way of hunting rabbits
- d. it was played in France in the 7th century

3. Where would the following sentence best fit? *But why is it so popular?*

(a)

(b)

(c)

4. What is the best choice for blank A?

- a. a slow game
- b. a natural game
- c. tiring exercise
- d. great exercise

5. True or False?

- A. Playing golf can refresh people living in the city.
- B. If you practice your swings many time, your legs will be strong.



Sequencing Events

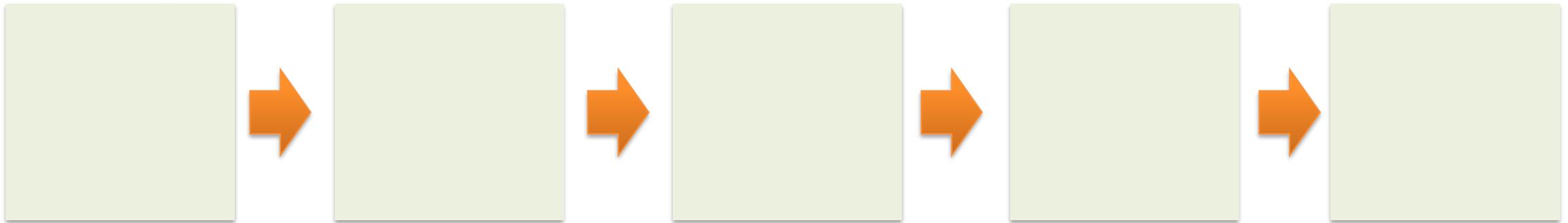
Use the words and phrases to talk about how golf was introduced to the world.

Signal
Words



first, second, next, last,
another, then, finally,
after that, before

- _____ It was introduced to European countries.
- _____ Shepherds often became bored.
- _____ They pushed stones into rabbit holes.
- _____ There are golf courses around the world.
- _____ The King of Scotland played it.



Talk about a ball sports that you can play.

1. What is it?
2. How many players are needed?
3. How is it played?
4. Talk about a time when you or anyone you know won this ball game. Use signal words from the previous page.

1	2	3	4	5
6	7	8	9	10

How to use **play**, **do** and **go**?

Play is used with ball sports or competitive games where we play against another person

Do is used for a recreational activity or a non-team sport that does not use a ball

Go is used with activities that end **-ing**. We **go** somewhere to do something

Answer the following Exercises

1. He like to _____ jogging every day.
2. Jim really likes to _____ fishing at the lake.
3. Do you know how to _____ Ping-Pong?
4. In winter, lots of people like to _____ hockey.
5. Do you every _____ yoga?
6. How often do you _____ cycling?
7. We like to _____ bowling every Sunday.
8. I have a tent, so let's _____ camping.
9. Sometimes I'd like to _____ sit-ups.
10. Many people like to _____ basketball.

Speaking Drill

Match the words with the pictures and tell how they are related to sports?



- a. Scoreboard
- b. Stadium
- c. Mascot
- d. Warm up
- e. Trophy
- f. Fan
- g. Referee
- h. Bleachers

Dialogue

Fill in the blanks with the correct phrases.

- Thanks, I will!
- do you like playing
- come next time
- The last time I played



A: What sports 1. _____?

B: I like playing basketball.

A: Really? Me, too! When was the last time you played?

B: 2. _____ basketball was on Saturday. My school friends and I often play on Saturdays. Why don't you 3. _____?

A: 4. _____

cheer on

to encourage (someone) with shouts or cheers

work out

Do exercise routines or sessions

join in

Take part of become involve in an activity

warm up

Do movement to get your muscles ready for exercise

drop out

Leave a competition or race

Fill in the blanks with the correct phrase. Change the form of the words if necessary.

1. The whole family can _____ the fun at Water World.
2. We _____ our team at the hockey game.
3. Try to spend about 5-10 minutes for _____.
4. The world class hurdler _____ of the competition because of an injury.
5. She wondered if it was the extended _____ at the gym.

NOTE: Use the phrasal verbs in your own sentence.

1. What ball sports is the most popular in your country?
2. What ball sports is the least popular in your country?
3. What ball sports are usually played by girls?
4. What ball sports are usually played by boys?
5. What do you think is the most difficult ball game to play?
6. What ball sports would you like to learn?
7. Using signal words for sequencing events, narrate how your typical is like.
8. Using signal words for sequencing events, summarize your favorite English story.

Pronunciation Exercise

Mark the word you hear.



bead

bed

bid



cheek

check

chick



deed

dead

did



each

etch

itch



feel

fell

fill

The End