

# Warm Up

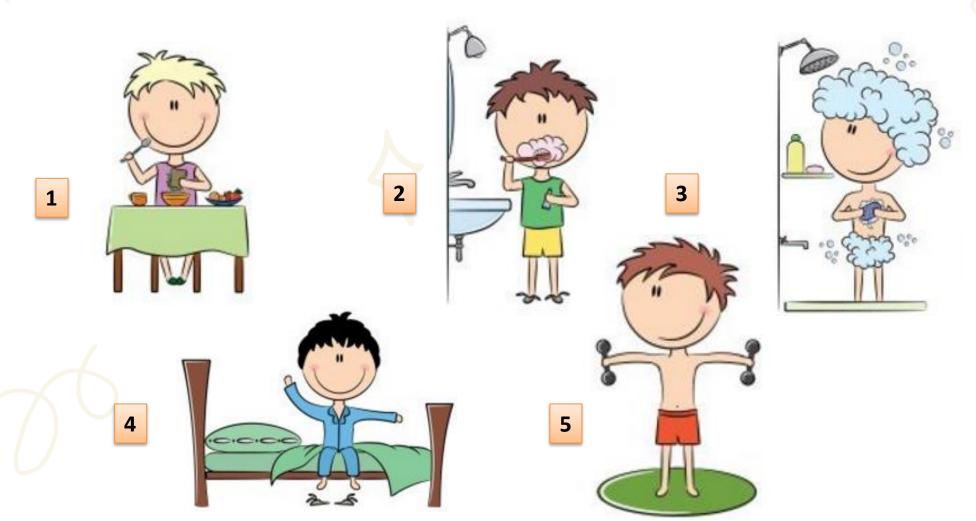




- 1. What time do you wake up in the morning?
- 2. What do you in the morning before school?
- 3. What do you do if you are late at school?

# **Morning Routines**





Discuss the morning routines.

# **Vocabulary Preview**



instead	count	nearly	shocked	rush	suggested				
1. We didn't have any milk, So I drank juice									
2. Some people with their fingers.									
3. I saw the bus and ran to the bus stop. I nearly									
misse	d the bus.								
4. The price was more than I thought. I was !									
5. It's 7:20, and school starts at 7:30! I need to to get									
there	on time.								

Fill in the gaps

\_\_\_, "Go to sleep early. Then you won't be

6. My friend \_\_\_\_\_

tired.

# Reading



### Sally's Morning

Every morning, Sally woke up at 7:00 a.m. to get ready for school. Every day, Sally thought she had enough time, but every day she had to rush to school. Her friend Suzie suggested, "Try waking up at 6:30 instead." Sally tried this, but it made her too tired. She nearly fell asleep in class!



Sally needed a new idea. She asked her mom, "Mom, what should I do?" Her mom suggested, "Keep track of minutes you spend in the morning." So the next day, Sally did that. Sally counted all the minutes and wrote them down. When Sally finished her morning schedule, she was shocked. "Oh dear!" she said, "Look at the time! I'm late!" Sally spent too much time writing down her schedule!

# Reading Comprehension



#### 1. What was Sally's problem?

a. She has to run.

c. She never listened to her mother

b. She loved to sleep

d. She was nearly late for school everyday

#### 2. Where did Sally nearly fall asleep?

a. At the table

c. At Suzie's house

b. On the bus

d. In class

#### 3. Suzie said, "Try waking up at 6:30 instead." Why did she say this?

a. To make Sally laugh

c. To meet Sally in the morning

b. To help Sally

d. To look good for the teacher

#### 4. Why did Sally have to rush in the end?

- a. She woke up late again?
- b. She was talking with her mother.
- c. She forgot to bring her bag to school.
- d. She took too long to make her schedule.

### Choose the best answer

# **Vocabulary Building**



### Word Practice

#### Choose the best word.

- 1. I don't know what to choose. Can you ...... something?
- a. think

b. suggest

c. spend

- d. look at
- 2. Don't ...... down the stairs. You might fall and hurt yourself.
- a. count
- b. fall asleep
- c. rush

- d. finish
- 3. The teacher was ...... Because none of the students knew the answer.
- a. tired

b. late

c. shocked

- d. ready
- 4. I didn't take the bus home today. I walked ......
- a. too much
- b. nearly

c. instead

d. every morning

### Focus on Verbs

#### Write the correct word.

- 1. This bus is ...... Too long! Let's get out and walk.
- 2. It ...... Me one hours to clean my room yesterday.
- 3. Usually, it ..... ten minutes to walk to school.
- 4. Our teacher said the test on Friday will be ............ 30 minutes.

Taking Take Took

**Takes** 

# **Critical Thinking**



Why are some habits difficult to break?



### **Comparatives and Superlatives**



We use **comparatives** and **superlatives** to compare things and to say which thing is top in a group. Add '-er' and '-est' for one syllable adjectives. Add '-ier' and '-iest' for two syllable adjectives which end in 'y' (and take away the 'y'). Use 'more' and 'the most' with other two syllable (or more) adjectives.

one syllable: *small – smaller – the smallest* two syllables with 'y': *happy – happier – the happiest* two+ syllables: *beautiful – more* beautiful – *the most* beautiful

#### Examples

The cat is **faster** than the mouse, but the cheetah is **the fastest**.

The dolphin is **more intelligent** than the dog, but the chimpanzee is **the most intelligent**.

### We say... We don't say...

Apples are bigger than grapes. (NOT Apples are more bigger than grapes.) My father is the tallest in my family. (NOT My father is the most tall in my family.) This book is more interesting than my homework. (NOT This book is interestinger than my homework.)

#### Be careful!

good – better – the best bad – worse – the worst far – further – the furthest

### Comparatives and Superlatives

15. I think English is \_\_\_\_\_ than German. (easy)



#### Complete the sentences using comparatives and superlatives.

1.	The distance from Sydney to Madrid than the distance from New York to London. (far)						
2.	David's kitchen is very dirty. Mine is much (clean)						
	The film was terrible. In fact / film I've ever seen. (bad)						
4.	Generally speaking, the coffee in Spain and Italy is the coffee that you get						
	in Britain. (good)						
5.	Riding a motorcycle is than driving a car. (dangerous)						
6.	Clare's apartment is just as as Michael's. (big)						
7.	One night at the Ritz is than a week in the Holiday Inn. (expensive)						
8.	Rolls Royce make some of cars in the world. (luxurious)						
9.	If you buy, you wont get the best (cheap)						
10.	The aquarium in Valencia is in Europe. (big)						
11.	Sarah's than Carmela. (tall)						
12.	Rapun has taste than Marta (bad)						
13.	Physics exams are as as math exams. (difficult) big bigger biggest						
14.	King Kong was the monkey ever. (big)						

### Comparatives and Superlatives



1. Saw is	(scary) film every create	d.			
2. Stephen Hawkii	ns is (intelligent	t) man in the world.			
3. August is	(hot) season of the ye	ear.			
4. Spiders are	(disgusting) creatu	res in the world.			
5. London is	(amazing) city in the world.				
6. Chocolate is	(delicious) thing to	o eat.			
7. Those aged bet	ween 30 and 40 are	(healthy) age group.			
8. Scarlett Johans	son is (beautifu	l) female celebrity.			
9. The USA is	(rich) country in the	world.			
10. Childbirth is(painful) thing a person can experience.					

When you have done this, think about the meaning of each sentence and whether you agree with it. E.g. In your opinion, what is the most amazing city in the world? Do you agree with my opinions?

# **Daily Routines**



# Vocabulary Exercise



study go to bed go out get up watch TV get home make my bed

brush my teeth have lunch listen to music

play computer games do my homework take a bath

have breakfast go to school have dinner

First I _	at seven o'clock	, then I	_tidy the roo	m and go to	the bathroom to	
	_ and wash my face. At a	quarter past se	even I	$\_$ and then I	get ready for	
school.	At quarter to eight I get o	on the bus and	whe	re I	very hard. I	
have five or six classes of 40 minutes. When I finish school at one o'clock I go home and						
relax. I _	at around two o	'clock and I	After Ιι	ınch I	and then I	
	for about two hours. At	five o'clock I st	art to	When I fir	nish my	
homewo	ork, Ior I	with my frie	nds. At eight (	o'clock I	with my	
family. A routine.	At nine o'clock I usually _	At half	f past eleven I	Th	nis is my daily	



















# **Useful Expressions**





Creature of habit One who prefers the
comfort and reliability
of routine and habitual
behavior.



break a habit to end a habit.



kick a habit to voluntarily end any h
abit or custom, especial
ly a drug
habit.

### Sentence Building



- 1. have /o'clock, / then/at/ six / I / a /shower./ wake up/ I
- 2. get / shower / having / a / I / dressed. / After
- 3. breakfast. / make / I / my
- 4. meal. / after / my / brush / teeth / every / I
- 5. at / eight / always / at / I / work go /o'clock.
- 6. at / have / work. / I / lunch / my
- 7. do/my/the/supermarket./I/shopping/in
- 8. on /news / the / usually / watch / television. / I
- 9. in / my / sometimes / meet / town. / I / friends

Arrange the sentences in correct order.

### **Speaking Activity**



- 1. What are some things you do every day?
- 2. Do you have any bad habits?
- 3. What is something you should do every day but don't?
- 4. What good habit do you want to develop?
- 5. What are some activities you like to do?
- 6. What habits should you have to have a successful life?
- 7. What are some habits that can improve your English ability?
- 8. Where do people learn bad habits?
- 9. Do other people's bad habits get on your nerves?
- 10. What unusual habits do you observe in your family members? Do they bother you?

# **Pronunciation Activity**







# The End